

SDCII Intergroup Meeting – Overeaters Anonymous

January 3, 2015 - 2:00pm to 3:00pm

Chair: - Open the meeting with the Serenity Prayer

- Our 7th Tradition states that “Every OA group ought to be fully self-supporting, etc.” Pass the basket.
- Deena read the 12 Traditions; There was no share on Tradition 1.

ROLL CALL

Chair	Holly C	- present
Vice Chair	Gregor	- present
Treasurer	Matt	- present
Literature Chair	Deena	- present
Reach Out Editor	Carlin	- excused
Retreat Liaison	Rex	- excused
R2 / WSO Coordinator & Office	Aaron	- unexcused
Internal Information Chair	Beth C	- excused
Public Information Chair	VACANT	-
Recorder	VACANT	-
12-Step Within Comm. Chair	Nancy	- excused
Secretary	Barbara R	- present
Young People’s Coordinator	VACANT	-
Professional Outreach	Eric	- present

Roll call of board members

IG reps present: Lee Fri 10AM Vista; Sanday Sat 7AM, Trish Fri

Board / Committee Reports

Holly – Chair :

Gregor– Vice-Chair : Successful January 1st Marathon, next marathon is in March and will be sharing on a tool.

Matt : Treasurer: Everything is fine financially, however there was a message from our answering service that our monthly charge will be going up from \$150 to ?? Also, it is not budgeted to send a delegate to the New Mexico WSO Business meeting in the spring which is usually around \$1000. See below for more discussion

Deena: Literature: December’s literature sales \$541.00. We are running low on \$1.50 Newcomer packets. These packets include: “To the newcomer,” “Dignity of Choice,” current Reachout and current meeting schedule.

ACTION ITEM: Will be having an informal “stuffing” get-together one Sunday soon around 11AM. We also have WSO newcomer packets in Spanish and the Big Book in Spanish.

Nancy: 12th Step Within: Gregor reporting for Nancy. January 31st Workshop will be on “Creating a Food Plan.” The Committee is in need of volunteers. It’s a commitment of 2 Saturdays/month and it is possible to attend the planning meeting via speaker phone if distance is an issue. The planning meeting is held two weeks before the Workshop which is normally scheduled the last Saturday of the month. This month’s planning meeting is on January 17th at 1:30.

Eric: Public Information: No report

Rex – Retreat : Gregor reporting for Rex. 170th Serenity Retreat is February 6-8, 2015. Starts at 5PM on Friday and goes through 11AM on Sunday at Mission San Luis Rey in Oceanside, CA. Commuter rate is \$139 and includes everything but overnight stay. The retreat is otherwise \$212 double occupancy or \$266 for single occupancy room. Speak to retreat committee to see if scholarships are available (no scholarships for single occupancy room). Becky J. is the retreat speaker.

Beth C – Internal Info : No report

Aaron– WSO/Region 2: No report

Carlin: Reachout---no report

Any Old Business

OA Birthday Party in LA, January 23-25, 2015....Carpool? Anyway looking to share a room? **ACTION ITEM:** Holly will post a sign-up list for those who wish to share a ride or a room.

Steve C. sent out our motion (with help from R2) to display the full name of “Overeaters Anonymous” at meetings, conventions, conferences.

Reminder to pick up a copy of Beth F’s suggested 7th Tradition reading for meetings. It has doubled the contributions at her meetings where this is read.

Lots of volunteers are needed at the R2 Convention June 26-28...even if it’s just for a couple hours. Next planning meeting is Sunday January 11th at 11AM at the Oasis. **ACTION ITEM:** Please announce at meetings the

need for volunteers at the Convention. You must be registered to attend, but price is only \$50 to attend the entire weekend.

Any New Business

Spring Assembly March 20-22, 2015 at Town and Country. Gregor is definitely going.

Steve C. is suggesting increasing contributions at meetings to be posted in Reachout; Holly said it's been done. Sandy suggested we post it again. Even a dollar or two extra a week will help fund a representative to go to the WSO business meeting in Albuquerque. Other smaller intergroups send delegates and we've been told, in the past, our presence is missing. It's an important meeting where a lot of policies and decisions are made. Last year we voted to fund a representative. This year, we're hoping to be able to raise donations to cover a representative from San Diego. **ACTION ITEM:** Matt will draft a note for the Reachout suggesting increase in contributions. Lee suggested we could also pass the basket twice for a special collection.

Matt M. is interested in organizing the office and back bookshelves to make the office/meeting room a little more user friendly. Email will be going out announcing when this is happening if you would like to join Matt. Also, if you cannot be present, please let Matt know if you have anything in particular in the back of the room or in the office which is important to keep.

John is interested in the Internal Information position when it comes available at the end of this year.

Recorder, Public Information and Young People's Coordinator positions are still vacant and available. If you don't meet the Abstinence requirements, you can still serve as Acting!

MOTIONS

Motion by Deena, 2^d by Steve to adjourn the meeting at 2:34PM.

Chair : Adjourn with the Serenity prayer.

Next IG meeting: February 7, 2015 at 2:00PM

Next R2 convention planning meeting, Sunday January 11, 2015 at 11AM at the Oasis.