

Mary V opened the meeting with the serenity prayer. 3/5/16 IG minutes

Our 7th tradition states that "Every OA group ought to be fully self-supporting, declining outside contributions." Pass the basket.

Reading of the 12 traditions; Jeri shared on Tradition three-The only requirement for OA membership is a desire to stop eating compulsively.

Roll Call

Chair- Mary V present

Vice Chair -Gregor H present

Treasurer- Matt M present

Literature Chair- Deena B excused

Reach Out Editor Richard V present

R2/WSO Jeri A present

Recorder Steve C present

12step within chair- Nancy D absent

Secretary-Stephanie P present

Young People's Chair Kelsey S excused

Public Information Chair Holly C excused

Internal Information Chair Lessie C excused

Retreat Liaison vacant

Professional Information Chair- vacant

Board Reports

Gregor-vice chair

No more Weds. Office hours current office hours are Mon and Fri 10am to 2pm

OA/SD is one of the first three links when you google OA on the Internet, access to the minutes will be on the website ongoing.

Matt-treasurer

Make all checks payable to Overeaters Anonymous - only

Please do not fold bills in envelopes for the 7th tradition

We have received no utility bill yet at our new location

Our finances are in good shape going forward

Richard V reach out editor

11 years of reach outs are being digitized and put in the website

A new monthly column is being started called Tool Box- flyers are being distributed, encourage members to sign up to write a 250 to 500 word column for inclusion in the Reach Out

Steve C-recorder

Currently we have about 30% of IG reps attending the IG mtg, to increase that number those in attendance could write why they attend the IG mtg and why they think it's important

Pre-spring cleaning directly after the mtg re the big corner and putting up the literature board.

Re: continued issue with the chemical smell: turn on the air using the fan only button and keep the door open upon entering the room will dissipate the smell rapidly

A committee of IG reps in the room will meet regarding moving the IG mtg to a different location

We currently have 30 mtgs in SD 15 in North County and 4 in South Bay
Next meeting is 4/2/16

Thank you for letting me do service,
Respectfully submitted,
Stephanie P