

**Board & Intergroup Meeting Summary  
Saturday, February 1, 2025**

**CALL TO ORDER**

**Serenity Prayer**

**Attendance – RENAME YOURSELVES WITH POSITION (IGR for Intergroup Rep, V for visitor), FIRST NAME, LAST INITIAL, DAY and TIME OF YOUR MEETING**

Brief discussion of Tradition 2 led by Board reps

**Chair, Kendra W.** Adoption of January 2025 Minutes approved

*New Board Members Welcomed:*

Retreat Chair – Lessie C.

PI/PO Chair – Dave B.

Young Peoples Chair – Kate C.

12th Step Within Chair – Melinda H.

Secretary - Vacant

**Vice-Chair, Keren S.**

Report: Webmaster Assessment (Sydney Hirsch)

OA San Diego Positions to Fill :

- Board Secretary
- Region 2 Rep: Katie F.      Looking for 2 more Region 2 Reps.
- WSO Delegate: None      Looking for 2 WSO Delegates

**Treasurer – Maureen C.**

Bank Deposits made of NOTE:

\$2,067.50 12/23 \*INCLUDED REFUND FROM PROTEA FOR RECONCILIATION OF CAM CHARGES OASIS RENTAL 2021-2023: \$1,484.20 & CASH RECEIVED \$73.30 FROM 2015 TREASURER MEETING 40300 OASIS

\$2,097.62 12/31 INCLUDED \$2,000 VIA MINNEAPOLIS FOUNDATION -

A transfer from PP to the checking account was made on 12/23 for \$1,885.13 for Nov-Dec and final one for 2024 of \$606.60 on 12/30

**SUMMARY:**

Revenue Received Dec 2024

\$4,395.92 Donations

+ 87.06 Interest Income

\$4,482.98 Money In

See comments on RENT REFUND - not recorded as income but rather as a decrease to rent expense

Total Expenditures Paid:

\$1,511.31\* Money Out

- \$1,484.20 Less decrease to rent income PROTEA refund

\$ 27.11 Net Money Out

Received a net amount of \$4,455.87

#### BUDGET VS ACTUAL COMPARISON DEC 2024

NET RESULTS thru DEC 2024 shows a loss of -\$4,041.86 rather than the budgeted amount showing \$0 in net revenue.

So, therefore, actual results are off by \$4,041.86 for Jan-Dec 2024. \*Net income is lower than forecasted.

Actual Revenue is \$6,332.59 higher than forecasted but expenses are \$10,470.55 higher as well which is mostly due to Marketing expenses.

#### Internal Information Chair – Jeff N.

Review plan to get all meeting information/data current/synced between OA.Org and OA San Diego websites.

Need volunteer in 2025 to edit recordings before posting to website.

#### PI/PO Chair, Dave B.

#### Retreat Chair – Lessie C.

March 15, 2025: In-Person Women's Day Retreat, Bahai Center. Workshops, panels, keynote lunch speaker, meditation, yoga and fellowship. Various available service opportunities including looking for Speakers to lead on subjects like dating/relations and body image/sex. Volunteer or pass along suggestion. Please reach out to give service to fellow compulsive eaters. retreats@oasandiego.org, Lessie C. (619 739 1643). In future, may become overnight, depending on interest/demand.

**KEY NOTE: CANCELLED, TO BE RESCHEDULED AT A FUTURE DATE**

#### 12<sup>th</sup> Step Within, Melinda H.

The Power Within: Spiritual Strength for Lasting Recovery:

Saturday, February 22 @ 1:00 pm – 3:00 pm PST

#### NEW BUSINESS: Open

The Board discussed the following agenda topics:

- Scholarships for convention attendance, covering registration, gas, and parking.
  - A cap of 10 people was set, but the possibility of increasing this number was left open.
  - Karen, Kendra, and Maureen to provide the scholarship application process

- Tech support updates from Syd, covering:
  - Zoom options (recording and transcribing)
  - Constant Contact subscriber maintenance
  - On-going website and zoom support for retreats, workshops, etc
- Continued use of AI transcription tools for note taking
  - Jeff will continue with the current note taking process to fine-tune it and potentially help recruit a secretary. The idea of using Otter AI, a note-taking tool, was also discussed, with the possibility of it being a long-term solution.
- Kendra's proposed creation of an outreach list for colleges and universities, which Dave confirmed had been done in the past.
  - Kate will work on creating a poster for outreach to universities, and possible development of an Instagram page for OA San Diego.
  - Jeff to research outreach options for San Diego State University and share the information with Kate.
- Dave B proposed restoring an answering service for various OA service support needs,
  - Bids will be presented at the March meeting

#### **OLD BUSINESS:**

- On-going debate regarding a future Oasis location.
- The current inventory of tokens and process to request and distribute.
  - Jeff will consult with Loretta regarding status
- The challenges faced by the Monday night speakers meeting, with potential format changes to the meeting format needed, and more people to take on service positions.
  - Group conscience changed the meeting format to use Voices of Recovery as a literature source for speakers.

#### **OPEN FORUM**

**CLOSED with the Serenity Prayer.      Next meeting: Saturday, March 1, 2025, 2pm**