

**OA Sand Diego Board & Intergroup
Meeting Summaries
Saturday, May 3, 2025**

Intergroup Meeting Summary to Share at OA Meetings – May 3, 2025

Convention Updates and Scholarship Availability

- ◆ The meeting began with Vice Chair Keren S leading the adoption of the April meeting minutes. The minutes were approved with one abstention. Region 2 Visitor Colleen then made an announcement about the upcoming convention, which will be held in Hollywood from July 11-13. (Keren also mentioned that there are scholarships available to offset cost). Malia asked about the registration cost, which was confirmed to be \$75. Colleen was then asked about the convention's name not being prominently displayed, to which she agreed to pass on the feedback. OASD IG Rep Jessica noted that she may be able to get some background on the fee and will relay any shared information. Colleen was thanked for her service and for answering the questions.

Financial Review and Budget Approval

- ◆ The meeting focused on the financial aspects of the organization. Keren reported that we need World Service delegates for the next year. We missed the registration window for the current year. Maureen presented a summary of the organization's financial situation, including revenue received, interest income, and expenditures. She also discussed the organization's 7th tradition donation to Region 2 and World Service. Maureen then presented the budget for 2025, which was approved and adopted by the team. IG Rep Jessica raised a question about the cost of the retreat, which was addressed by Maureen who also noted some changes to accounting for retreat expenses in the near future.

OA Retreat, Workshop, and Young Peoples Updates

- ◆ 12th Step Chair Melinda reviewed the Emotional Sobriety, Lasting Freedom Workshop. Melinda reported that everything was in order, with speakers and hosts lined up, and the only open position was a timer. She encouraged anyone interested in attending and helping out with that service position to reach out to her or the board. Melinda also mentioned that the next workshop would be in September.
- ◆ Lessie, OA Retreat Chair, then gave an update about the next serenity retreat, which would be held at Mission San Luis Rey in Oceanside from July 25th to 27th. She mentioned that a long-time member who leads interactive retreats internationally would lead the event. Lessie also mentioned that registration would be live by the end of the week and that scholarships were available.
- ◆ Kate, the Young People's Chair, reported on the creation of a new flyer for the OA Young People's Online Retreat and the progress made on the Instagram page.

Intergroup Service, Upcoming Hollywood RS Convention, and Internal Information

- ◆ Dave, PIPO Chair, has implemented an OA answering service and a phone number for the intergroup, which is pending script approvals prior to being activated. He also noted that volunteers are needed to boost public outreach. Regarding equipment to support hybrid events, Dave advised that we have access to equipment from an OA supporter who will loan or donate as needed. Dave also discussed the upcoming R2 convention and suggested using public transport instead of driving.
- ◆ Jeff N, Internal Information Chair, is working with Dave on finalizing a script for the answering service and incorporating more information on the website for service positions.

Wrap Up and Closing

- ◆ Maureen mentioned that the treasurer position will be open at the end of the year. The Board and IG group discussed the benefits of intergroup service, which include long-term abstinence, feeling part of the program, and being part of a supportive community. The conversation ended with a recitation of the "We" version of the Serenity Prayer.

OA Board Meeting Summary for IG Reference – May 3, 2025

CALL TO ORDER

Serenity Prayer

Attendance – RENAME YOURSELVES WITH POSITION (IGR for Intergroup Rep, V for visitor), FIRST NAME, LAST INITIAL, DAY and TIME OF YOUR MEETING

Brief discussion of Concept 5 led by Maureen C

Chair, Kendra W. (*Keren pinch hit in Kendra's absence*)

Vice-Chair, Keren S.

- ◆ Adoption of April 2025 minutes - approved
- ◆ Report by Sydney Hirsch: Webmaster Assessment
 - Will update the website to ensure the emotional sobriety workshop appears in both homepage and special events section
 - Share graphic formats/Canva files of the emotional sobriety workshop with Kate for Instagram
 - Will set up the convention reimbursement form on the website by end of week
 - Keren will set up the scholarship registration process for the July OA Convention in Hollywood
 - Keren will act as the point of contact for convention reimbursement requests
 - R2 Representative Colleen will find out and report back why the R2 Convention registration cost increased from \$75 to \$175

- Keren will provide Jeff with information about R2 Convention costs to share with IG via Constant Contact

◆ OA San Diego Positions to Fill:

Board Secretary – ASAP

Treasurer – December 2025

Region 2 Rep: Katie F.

Looking for 2 more Region 2 Reps.

WSO Delegate: None

Looking for 2 WSO Delegates

Treasurer – Maureen C.

A. MONTHLY SUMMARY REPORT

1. Bank Reconciliation - CHECKING + CD + MM reconciles to bank balance/shows outstanding payments + deposits, Checking Account.
2. Balance Sheet (Assets + Cash, Liabilities and Equity) Accounts with \$0 balances do not show on report
3. Profit & Loss (Donations less Expenditures)
4. P&L Comparison to 2024 - When comparing - please note: THERE WERE 2 LARGE CKS IN 2023 LA INTERGROUP \$2,500 MAR ; \$1,000 MN FOUNDATION FEB 2023; no large checks in the 1st QTR so far...
5. Budget vs Actual results
6. General Ledger
7. Donation Details MAR 2025 - please see the report

Bank Deposits made:

\$65.00 3/31/25

A transfer from PP to the checking account was made on 3/30 for \$1,251.58

SUMMARY:

Revenue Received Mar 2025

\$1,260.20 Donations - \$100.00 was donation in memory of Phyllis F.

+ 37.82 Interest Income

\$1,298.02 Money In

Total Expenditures Paid:

\$1,308.81 Money Out

Paid out \$10.79 more than received

B. 2025 BUDGET REVIEW FOR BOARD & IG APPROVAL

- Maureen presented and discussed the budget, which was balanced at \$45,575 with total expenditures of \$45,000.

KEY NOTE: Maureen announced that she will be stepping down as treasurer at the end of the year and encourages members to consider taking on the role, which requires about 2-3 hours of work per week and involves interfacing with the bookkeeper.

Retreat Chair – Lessie C.

- Provided an update on the Serenity Retreat: July 25-27, 2025
- Retreat Committee: Finalize and make retreat registration live on oasandiego.org by end of week
- Need to assign a leader for the October urban retreat at Baha'i
- Looking for a tech-savvy committee member to handle zoom equipment for retreats

12th Step Within, Melinda H.

- Provided an update on Emotional Sobriety - Lasting Freedom Workshop: May 18, 2025
- Melissa will reach out for a trusted servant to serve as Timer for the workshop
- Keren & Melinda: Continue work on the welcome packet in July/August timeframe

Young Peoples Chair, Kate C. (*Jeff pinch hit in Kate's absence*)

- Created Instagram page for OASD, started with simple quotes post and sharing OAYP poster. Will continue to make more posts with posters and quotes.
- Will share the OAYP flyer to the reps to bring back to their meetings
- Heard back from UCSD eating disorder clinic (kmcglone@health.ucsd.edu) that they don't allow posters to be displayed but we can share a poster/info with them to pass around. I shared with her the flyer on the OAYP retreat.
- Contacted Ms. Cass (acass@sandiego.edu) and shared the OAYP flyer last week but haven't gotten a reply yet
- Flyer creation for OA completed. I based it on other flyers made by OA and would love your feedback. Afterwards I can have it printed and posted around campuses.
 - Jeff to meet with San Diego State health center on 5/17 re: eating disorders on campus and share the information with Kate
- OA flyer change from "compulsive overeating" to "stop struggling with food"
- Canva poster available as PDF for wider distribution
- Flyers attached FYI

PI/PO Chair, Dave B. (*Jeff pinch hit in Dave's absence*)

- Provided update on the current implementation status of our new OA answering service
- The new answering service number will be the contact for all meetings; Dave and Jeff are working on the final script for the service personnel.
- Dave & Public Outreach Committee: Seek volunteers to help with public outreach initiatives

Internal Information Chair – Jeff N.

- Continued focus on getting all OA data aligned between websites, reports, contacts, and trusted servant service positions
- Will implement a website section promoting board positions and service opportunities
- Revised the answering service script for all 40+ meetings; Dave B reviewing to final edit before implementation on the OA website

NEW/RECENTLY OPEN BUSINESS:**Implementing New Board Position System**

- The Board discussed the implementation of a new system for tracking and managing

board positions and service opportunities. They agreed to create a banner on the website to promote open positions and provide clear information about the requirements and responsibilities of each role. The team also discussed the need for more regional representatives and a board secretary, and the importance of promoting service opportunities within the organization. They decided to move forward with the idea of creating a prototype for the website banner and to involve Syd, Kate, and Jeff in the process. Syd is ready to assist with any website implementation activities.

Refresh Efforts To Encourage New Board Member Candidates

- The Board is creating a new Board Member Welcome Kit. Melinda and Keren are working on the welcome kit, which will include various documents and information for new board members.

The OA R2 Convention in Hollywood | July 11-13

- Mary Jane shared the requirement of a one-year abstinence period for a certain service role. The board reconfirmed covering certain fees for those attending the conference. Karen discussed the board's offering to cover registration, gas, and parking expense. It was clarified that the board does not pay for hotel expenses. Karen, Kendra, and Maureen to provide the scholarship application process by the next IG meeting.

RECENT/OLD BUSINESS:

World Service Business Conference Setup

- The virtual conference was held from May 4th to 10th without our representation. There is some confusion about the process for reviewing and submitting agenda items. Keren clarified that this is done through a survey sent by the World Service Office. The group also discussed the need for World Service delegates to represent the intergroup at the next conference.

Continued use of AI transcription tools for note taking

- Jeff will continue with the current note taking process to fine-tune it and potentially help recruit a secretary. The idea of using Otter AI, a note-taking tool, was also discussed, with the possibility of it being a long-term solution.

CLOSED with the Serenity Prayer. Next meeting: Saturday, June 7, 2025, 12:45pm

