

February 2020 OA Intergroup Meeting, Feb 1, 2020

Intergroup meeting opened with Serenity Prayer at 2 pm. Deena read the 12 Traditions. Mike S. discussed Tradition 2.

Role call – all board members present except Barbara Ru, Chris and Callie. IG reps present were Diane Sat. 10:30 am OAsis; Joie Sat. 7 am OAsis; Dale Y. Wed 7 am Chula Vista; Scott Thurs. 7:30 Vista, Richard V. Mon. 7:30 pm OAsis; Renee K. Mon. noon Rancho Bernardo, Stephanie Tues. 7 am OAsis, Deena Sat. 8:30 am OAsis, Lee Fri. 10 am Vista, Mary G. Wed. Lemon Grove; Lou B. Sun. 9 am Men's Waring Road; Gina E. Wed. noon OAsis.

Chair, Kathy H – Because the retreat at Mission San Luis Rey is the first weekend in April, conflicting with the April business meetings, the Board voted to move the April Board and Intergroup meetings to the second Saturday, which is April 11. Because the first Saturday of September falls on Labor Day weekend, the Board voted to move the September Board and Intergroup meetings to the second Saturday, which is September 12.

Kathy submitted the following request regarding OAsis keys:

Over the years OAsis meeting secretaries and board members have received keys to our meeting places. We would appreciate your help in identifying who has keys to our OAsis (the large suite we meet in on Aero Drive) and to the small internal office (the one that is usually locked and is closest to the outside window.) Some members also have card keys that open the bathrooms, but that list is up-to-date. This request is about keys to our OAsis suite and the small office.

If you have an OAsis suite key or small office key (or both), please email Intergroup Chair, Kathy H. at [chair@oasandiego.org](mailto:chair@oasandiego.org), or 12th Step Within Chair Ayawnda, at [twelfth-step@oasandiego.org](mailto:twelfth-step@oasandiego.org) with the following information for each key you have:

1. Your first name, last initial, and contact information (telephone or email)
2. The type of key or keys you have (OAsis suite key, key to small office, or both)
3. Whether each key has a number and what it is (OAsis suite keys tend to have an embossed number on the key; the small office keys may or may not have a number.)

We want to create an accurate record going forward. Also, management charges us for new key requests. If you are no longer using your keys, please return them. Please put them in an envelope with your

name and contact information, and give the envelope to your Intergroup representative to turn in to the Intergroup board, or leave the envelope with the keys and your contact information under the small office door in the OAsis, and we will get it.

We will also put a clipboard at the OAsis below the blue announcements notebook (to the left of the small office.) Please check to see if your name, key number(s), and contact info is accurate on that sheet. If it isn't, please take a moment to update it.

And finally, if you know you once had a key (or keys) and lost them, please let Kathy or Ayawnda know that too.

Treasurer Liz – Per the negotiated lease, rent for the OAsis suite has increased to \$2,378.33 effective February 1, 2020. Please donate generously to the 7th Tradition basket.

12th Step Within Committee Chair, Ayawnda – The Body Image Workshop is on Feb 22, 2020, 1:30-3:30 pm at the OAsis. Upcoming workshops include: Understanding the 12 Traditions and Including them in Your Recovery; Mindfulness Meditation; Willingness and Acceptance; Anger Management: Working Your Recovery by Understanding Your Emotions and Working With Them for Your Benefit; Resentments: Working With Them to Heal Yourself and Others; Becoming a Sponsor: Sharing Your Hope, Strength and Experience.

Deb C. announced that the next mailing party will be on Saturday, March 7.

WSO/R2 Coordinator, Beth FJ reported that WSO sent out 11 proposed policy changes for consideration by each Intergroup. The question is not whether we support the change, but whether or not each one should even be presented and discussed at the next World Service Business Conference. Since the proposed changes were sent too late to be voted on at an IG meeting, she sought input informally. Where there was clear consensus, she will cast our vote accordingly. However, in two cases, opinions were split. The first provided that proposed amendments to OA's definitions of abstinence and recovery should only be entertained in years ending in zero, i.e., 2020, 2030, 2040, etc. After discussion by those present at the Board meeting, the consensus was to vote to NOT consider this proposal. Beth will add the comment, on behalf of the board, that we have no objection to a restriction on how often the issue can be raised as long as it is much shorter, i.e., every 2 to 5 years. The Board also discussed a proposal to eliminate WSO's "unity with diversity" language, and arrived at the consensus to vote NO on this. TJ will put a link on OASanDiego.org to OA.org where the proposed policy changes can be found. Beth FJ will incorporate any feedback she gets from OA members when she votes on our behalf.

It is interesting to note that our San Diego County Intergroup is

part of Region 2. There are 10 geographical regions of OA, encompassing the entire Earth. There is an 11th “virtual” region representing all the digital and telephone meetings and outreach. All these regions together are under the umbrella of the World Service Organization, or WSO.

If you or your meetings have any questions or feedback, please email Beth FJ at [WSO\\_R2@OASanDiego.org](mailto:WSO_R2@OASanDiego.org).

Webmaster, T.J. – New Board member contact information is now on our website. Also, please give TJ any changes in your meetings, especially if it’s going to be cancelled, so he can keep our online and printed Meeting Directory current.

Retreat Committee Liaison, Chad pitched the upcoming retreat at Mission San Luis Rey on April 6-8. Please make sure it is announced at all your meetings and that everyone at your meetings announces it at all their meetings. The topic of the retreat is “The Power of Spiritual Connection, Steps 3 and 11.”

Literature Committee Chair, Corrine reported that (1) literature sales for January were \$618.25, and purchases were \$412.69; (2) if you want to put OA information at your local public library, the pamphlet “Is Food a Problem for You?” is available free of charge in the Literature Closet at the Oasis; (3) New Meeting Starter Kits are also available in the Literature Closet for anyone starting a new meeting; (4) if your meeting doesn’t have a literature person and someone wants to do that service, keys are available through Board Chair Kathy; and (5) please re-cycle your Lifelines by sharing them on the swivel rack at the Oasis.

Professional Outreach, Mike S. - no report  
Vice-chair, Joanna - no report  
Beth C. - no report

Deena, who is Public Information Chair for the 2021 R2 Convention, gave a planning update: The first organizational meeting was held on Jan.25. The next will be on Sat., Feb. 29 at 1 pm at the Oasis. Future meetings will be on the last Saturday of the month at 1:00 pm at the Oasis unless otherwise specified.

Positions still open for R2 Convention--Treasurer, Hotel Liaison, Entertainment Chair, Fundraising Chair, Program Chair, Signs and Decorations Chair, T-Shirt Chair, Volunteer Coordinator. Treasurer, Hotel Liaison, and Program Chair must meet abstinence requirements. SKYP should be available by next meeting for those who cannot travel to Oasis. We will be voting on theme, logo and colors at next meeting--to be presented to R2. So far, ideas for Convention themes:

Key to Recovery is Service; Welcome to OA, Welcome Home; You're Not Alone; Hand in Hand; Serenity, Peace and Joy; Ride the Wave to Recovery; A Vision for You; An Oasis of Recovery; Recovery Beyond Our Wildest Dreams.

The IG meeting adjourned with the Serenity prayer at 2:50 pm. Next IG meeting - Saturday, March 7, 2020 @ 2 pm.