August 1, 2020, Overeaters Anonymous - SDIC

INTERGROUP Meeting Minutes 2:00 pm

ZOOM software will be used--10 to 15 minutes before the meeting, paste the link below into your browser: https://zoom.us/j/2893041418

To join a meeting by phone, call 669-900-9128 (San Jose), then enter the 10-digit |meeting number shown in the link.

Chair, Kathy H., present

Professional Outreach, Richard, present Vice-Chair, Joanna, present

12-Step Within, Ayawnda, present

Retreat Liaison, Chad, excused

Webmaster, TJ, present

Treasurer, Liz B., present

Literature, Corrine, present

Recorder, Beth C., present
Secretary, Barbara Ru, present
Reach Out Editor, CeeCee, present
R2 / WSO Coordinator, Beth FJ, present

Young Peoples, Callie (Excused) Lease, Beth FJ (Ad Hoc), present Public Information, Deena, present Internal Information, Deb C., present

Zoom Admin, Richard (Ad Hoc), present Chair, 2021 R2 Convention, Bonnie Jean, present

- 1. Kathy: Welcome; Serenity Prayer.
 - a. Roll call for Board
 - b. Roll call for Intergroup Representatives

Don S, Men's Sunday 9AM; Iola B, Monday Noon; Carol, Tuesday Escondido; Pam E, guest; Dave B; Barbara S. Maintainers; Angela, Friday 10 AM Vista (alternate for Vicki); Susan 100 lb'er Sat 6:30; Pam V, guest; Tina R Sunday 9AM; Naomi W Monday 7PM; Joel, guest; Diane Fri Noon; Ben, Inclusive Anorexic and Bulimic Young Persons; Hope, guest; Claudia, Tues Noon Women's; Samantha Saturday 9:30 Encinitas; Ginger B, guest; Sandy B, Saturday 10:30 AM; Mary V Saturday 7AM; Dave S; Pam W; Keren; guests.

- c. Any new representatives give your email to Barbara in chat and send email to Reach Out editor (reachout@oasandiego.org) to get on distribution list
- d. OAsis and insurance update exclusion for communicable diseases
- 2. Liz (Treasurer): Management of retreat monies for IG Retreat Committee and Men's Retreat. Clarify where donations go, and mention sheet with donation addresses that will be attached to the minutes.
- 3. Beth FJ: (R2/WSO/Lease): Introduction of Keren S and Pam W., who have volunteered to become R2 Reps for our IG. Election of R2 Reps.
- 4. Ayawnda (12th Step Within): Announce upcoming Aug 22 workshop on Resentments held by Zoom. Flyer will be attached to the minutes.
- 5. Richard (Zoom Admin): Zoom Security status of Guidelines Professional Outreach)
- 6. TJ (Webmaster): Temporary removal of in-person meeting list from the website

while the Oasis is closed. Slack team for the SD Intergroup.

- 7. Joanna (Vice-Chair): no report
- 8. Deena (Public Info): Outreach techniques learned from R2 convention Review of 60 second PI podcast from World Service; tabled to next month.
- 9. CeeCee (Reach Out):
- 10. Chad (Retreat Liaison):
- 11. Corrine (Literature):
- 12. Deb C (Internal Info):
- 13. Beth C (Recorder):
- 14. Jerry (Chair, 2021 R2 Convention):
- 15. Barbara Ru (Secretary):
- 16. New Business Kathy Proposed donations to World Service and R2.

Board positions that will be up for election in Dec:

Vice Chair, 12th step within, literature, Internal info, retreat liaison, treasurer and recorder. Check the Reach out for a description. Please announce these openings at your meetings. Great opportunity for service above the group level. Requirements: Under the bylaws, each board member must have a minimum of one year current abstinence, 6 months of which shall be at maintenance, with the nominee being the sole judge of his or her abstinence and maintenance. In addition, board members must attend monthly board and intergroup meetings. (Bylaws, page 17.)

Additional new business?

18. Close meeting with Serenity prayer