

September 5, 2020 Overeaters Anonymous – SDIC

Intergroup Meeting 2:00 pm

ZOOM software will be used--10 to 15 minutes before the meeting, paste the link below into your browser: <https://zoom.us/j/2893041418>
To join a meeting by phone, call 669-900-9128 (San Jose), then enter the 10-digit meeting number shown in the link.

Chair, Kathy H. present	Webmaster, TJ present
Vice-Chair, Joanna present	Internal Information, Deb C. present
12-Step Within, Ayawnda excused	Treasurer, Liz B. present
Retreat Liaison, Chad present	Literature, Corrine present
Recorder, Beth C. present	Reach Out Editor, CeeCee present
Secretary, Barbara Ru present	R2 / WSO Coordinator, Beth FJ present
Young Peoples, Callie present	Lease, Beth FJ (Ad Hoc) present
Public Information, Deena present	R2 Reps, Keren S. and Pam W.
Zoom Administrator, Richard (Ad Hoc)/Professional Outreach, Richard present	

1. Kathy: Welcome!
 - A) Serenity Prayer
 - B) roll call board/intergroup reps: Mary 7AM Saturday, Tina 9AM Sunday, Vicki Fri 10AM Vista, Diane Friday Noon, Don, Sunday 9 AM Men's Meeting, Kathleen Monday 9AM, Carol Tuesday, Escondido, Naomi Mon eve, Samantha, Sat 9:30 Encinitas, Stephanie Tues, OAsis.
 - C) Tradition 8 (Deena); Tradition 9 (Beth FJ)
 - D) Resentment Workshop -- shout out to those involved, it was terrific. Over 100 participants.
 - E) Kathy wants to commend our Zoom team and Zoom administrator. Zoom is here to stay. There are a lot of hosts and cohosts. We have had some issues and concerns, which we deal with them as they come up. Kathy has asked Vice-Chair Joanna to help deal with issues as they come up. You can reach her at Vice-chair@oasandiego.org. Also asking the host or co-host to handle issues as they can within the group as groups are autonomous.
2. Liz (Treasurer): current financial status/donation to WSO and R2. IG-- \$3247 in donations; expenses 2901.31; \$426.80 net. Please use meeting number if you want to send in donations, rent, etc. We have to report the information to accounting firm including meeting number.

In light of the fact that we didn't send reps to WS meeting, we have that extra money (\$2000) budgeted for that we didn't use, we want to send money \$500 to R2 and \$500 to WSO. The Board agreed to send this. We will revisit again at the end of the year to see if an additional donation can be made.

3. Richard (Zoom Admin)/Professional Outreach: Zoom report—Board has authorized \$50 to 12-Step within committee to expand our number of attendees from 100-300 people for the next workshop. The last workshop had over 100 people and some had to be turned away as we had a limit of 100 people. We will revisit again after the next Workshop.

We were asked by the 2021 Region 2 Convention Committee to assist the R2 convention committee with mass mailings—this will be tabled until November.

If there is a problem during a Zoom meeting, Richard can't reach all the people who are cohosts via phone as he doesn't have everyone's phone number, so he is trying to get all contact information to help out individual Zoom hosts/cohosts. Please bring this back to your meetings and ask the host/cohost to contact Richard with your phone numbers. Richard can be reached at (619) 370-7840 or zoom@oasandiego.org.

Lots of complaints arose relating to conduct during Zoom meetings—most things are behavior such as political discussions, talking inappropriately, people eating, men with no shirts. If you run a meeting, the time before and after the meeting is sacred meeting space and same guidelines should apply. These problems can be handled primarily by the host—muting, cutting out video, removing the offending member out of the meeting if inappropriate behavior continues. Chat boxes are being used inappropriately as well, such as doing business via chat, some inappropriate posts. There are options for chat from “most open” option to “no chat” (see Security Guidelines under the section “chat monitor” for more information). At the end of the meeting, the host or cohost can open up chat to exchange phone numbers, etc. These are issues which have come up. Zoom meetings are new to all of us. Meetings are autonomous. Discussion at individual business meetings regarding appropriate behavior and having a group conscience is strongly recommended. If there is a problem you can't resolve within your group, you can contact our Vice Chair Joanna for guidance at vice-chair@oasandiego.org. If needed, she will bring the issue to the Board. Some members don't have the current security guidelines. Email Richard at Zoom@oasandiego.org if you need a copy of the guidelines or there are the Zoom guidelines listed on the website—oasandiego.org. A link to the Zoom Security Guidelines is on the first page of the website, immediately below the link to the Zoom Meeting Calendar.

Last week, Richard had to turn away two meetings. We can have a second license which can allow another 40 meetings for \$15. (We currently have 40 meetings on our current license.) There are some issues involved with having another license. Richard will investigate the logistics with the Zoom team and discuss possibility of having another license.

Some Zoom meetings are new meetings and need meeting numbers associated with them for accounting purposes. Please let the IG know if you have a new meeting, not previously held in person prior to pandemic.

Keren stated: The Zoom Security Guidelines are well-thought out recommendations not laws for the individual meetings to agree with or not.

Beth C. reminded people to not yell or cross talk at meetings, because sometimes she doesn't feel safe.

Tina pointed out there is a difference between behavior and security.

TJ reminded us of the autonomy of meetings.

4. Deena: Public Info Chair: Outreach techniques learned from R2 convention Review of 60 second PI podcast from World Service. Tabled.
5. TJ (Webmaster): Temporary removal of in-person meeting list from the website while the Oasis is closed. New Reach Out is on website. Added two new links to website with ability to donate to R2 and WSO.
6. Beth FJ R2 / WSO Coordinator, Lease Chair (Ad Hoc): Update on her lease discussions with the management. She went back to the management company last week and reminded them we have been paying every month on time. There are 16 months left on lease amounting to \$39,000. Or \$39,000 to get out of lease. Beth asked about the possibility of a Sub-letter? Smaller space? The management company does have a smaller place from current 1500 SF to 950 SF in the same building on the first floor. Beth FJ saw the new potential space on Wednesday. There are some offices within the suite that we will not need and the internal walls can be torn down so we have more room and still keep an office within the suite. They are willing to do this if we extended the lease but they didn't say for how long. They will get back to Beth FJ next week. However, if we extended to just 2 years, we will be paying less than our current location for 16 months. More information will be gathered.

Monthly decision about opening the Oasis. Board agreed that we will not open the Oasis during September and we will revisit at the next meeting. While there are new guidelines for reopening, they would be virtually impossible to meet for our fellowship to meet and

our insurance doesn't cover communicable diseases such as Coronavirus. We will continue to revisit the issue each month.

7. Callie (Young Person's Chair): meeting update---Young persons meeting Thursday night is still available.
8. Deb C (Internal Affairs Chair): No report
9. CeeCee (Reach Out): Thanks to everyone and encourages more contributions to the Reach Out. If anyone wants to receive a monthly copy of the Reach Out automatically and receive flyers to upcoming events by email, send CeeCee an email with their name to reachout@oasandiego.org. Also, please mention this at your meetings.
10. Chad (Retreat Liaison): Wants to apologize for missing meeting last month. Main news is the Retreat Committee has decided NOT to have virtual retreat this October. 2 factors – speaker could change to April 2021 so we have her booked then. Also, if you have a virtual retreat—the sessions need to be shorter and more of them. Becomes like a virtual workshop and there are lots of those happening right now.
11. Corrine (Literature Chair): Literature sales—Sales \$87, no purchases. Available by appointment only for parking lot pick-up. Call Corrine to arrange: (619) 977-1546.
12. Joanna (Vice Chair): No report.
13. Beth C. (Recorder): No report
14. Ayawnda: (12 Step-Within-Chair): excused
15. Barbara Ru (Secretary): No report
16. Pam and Keren (our new R2 reps): No report
17. New business—Discussion re: Elections in December tabled due to time constraints of this meeting.

Serenity Prayer
Adjourn 3:03 PM

*Next IG Meeting is 2:00 PM Oct. 3rd

Respectfully submitted,

Barbara Ru
Secretary SDIG