

October 3, 2020 Overeaters Anonymous – SDIC

Intergroup Meeting 2:00 pm

ZOOM software will be used--10 to 15 minutes before the meeting, paste the link below into your browser: <https://zoom.us/j/2893041418>

To join a meeting by phone, call 669-900-9128 (San Jose), then enter the 10-digit meeting number shown in the link.

Chair, Kathy H. present	Webmaster, TJ present
Professional Outreach, Richard present	Vice-Chair, Joanna present
12-Step Within, Ayawnda present	Treasurer, Liz B. present
Retreat Liaison, Chad present	Literature, Corrine present
Recorder, Beth C. present	Reach Out Editor, CeeCee present
Secretary, Barbara Ru present	R2 / WSO Coordinator, Beth FJ present
Young Peoples, Callie present	Lease, Beth FJ (Ad Hoc) present
Public Information, Deena present	Internal Information, Deb C. excused
Zoom Administrator, Richard (Ad Hoc)present	R2 reps: Pam W (absent) and Keren S. present

1. Kathy: Welcome! Serenity Prayer. Roll Call of Board Members and IG reps.

Reps: Beck Wed 5 PM BB Chula Vista; Claudia Tues Noon Women's; Kathy Monday 9 AM; Mary V Sat 7AM; Diane, Fri Noon; Samantha Sat 9:30 Encinitas; Stephanie Tues 7:00; Naomi Mon 7 PM.

Guests: Charles, Jerry J, Joel, Pam V, Lee Z, Dave B., Barbara Ro.

Tradition 10 (Corrine). OA has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.

Kathy reported her discussion with the insurance agent has saved \$500 on insurance for the SD IG.

2. Liz (Treasurer): current financial status—position will be available this December Willing to share the position or help out with position if needed.
If you are using PayPal—be sure to list your meeting number. If you want to add the information as a note, make sure it is on there.
Covered our expenses. For the month of September, \$3044.98 donations; total income \$3297.10. Expenses were: \$3282.43.
Total income for the month: \$14.67.
3. Richard (Zoom Admin): Zoom Security – status of Guidelines
Professional Outreach)
Meeting calendar is full and some meetings have been turned away because 2 meetings can't be on the Zoom at the same time with our one account. Board

approved adding another Zoom Room number—Ready to go in next few days. It is an additional \$15/month. Security guidelines are available on the website. A few security glitches—but these will be handled within the next few days. Version 2 of Security guidelines is going to be widely distributed to other 12 Step Groups, R2 and WSO. There have been requests for more training—if Richard goes to the host or cohost, some cohosts and hosts don't know how to be a host and have questions. Beth FJ and Richard have been working on a presentation—how to deal with disruptive behavior—probably 3 meetings will be available on this topic so all who want to attend will hopefully be able to. Will start with that and then go from there with discussing other Zoom issues, possibly monthly depending how it goes. Vicki asked how to get on as a temporary host; Richard can help with that and is available to help all hosts, cohosts and temporary hosts. Susan asked that her email not be made public. Barbara mentioned all emails (minutes and agendas) are sent out as BCC, therefore, kept private.

4. TJ (Webmaster): Added Reach Out link to the website.
5. Joanna (Vice-Chair): No report
6. Deena (Public Info): -- Jerry J—R2 Chair for 2021. The regions meeting this month asked for info—spread sheet available on upcoming 2021 retreat. 23 voted for a virtual convention; 3 voted for face-to-face convention. Region will weigh in on this and let us know what they recommend for the 2021 R2 Convention in San Diego.
7. Ayawnda (12th Step Within): Position is up in December. The position entails setting up Workshops, virtual and previously in person. Get in touch with Ayawnda if you are interested or want more information – phone number or email. (619) 674-9941 is Ayawnda's phone number and email is: twelfth-step@oasandiego.org.
8. CeeCee (Reach Out): Encourage meeting reps to try to get members to get the Reach Out directly by reachout@oasandiego.org.
9. Beth FJ: (R2/WSO/Lease): lease update -- R2/WSO—Assembly October 23,24, 25 Business meeting for R2. There is room for 2 more R2 reps (we have 2, but San Diego can have 4). Go to OAR2.org for more information.

Update on lease. Last month Beth FJ went back to mgt company—There was a smaller place that was available for about \$900 less per month. Extend the lease but last month the management company didn't tell us how long we would have to extend the lease. Beth FJ kept reaching out to them on a weekly basis.

They confided they really want to rebuild in that suite to meet our needs, but they had another offer. We can stay in suite we are in now and pay what we would have paid for the smaller suite. This will reduce our rent by \$900/month, down to 1600/month. At the end of the 9 months, we will go back to \$2300 (we would be having an increase at that time under the previous contract) but they will hold it at

\$2300/month. This is a 3 year lease with 1 year option—possibly another 1 year option for negotiating the lease. Beth asked about the smaller place if at some point we would want to move into the smaller location. This new contract will save us 10,000 from now to the end of January 2022. Deal will start this month at lower rate.

Revisit the reopening of the Oasis—Nothing has changed. Insurance doesn't cover communicable diseases, so not feasible to reopen at this point.

10. Chad (Retreat Liaison): Retreat committee in a holding pattern and whether conditions get better by April is anybody's guess. If conditions are better, there will be a Retreat scheduled April 2021 at Mission San Luis Rey. Same as with meeting at the Oasis—no liability insurance for COVID 19 at San Diego IG OA events so we will only be able to have the Retreat if it is deemed safe.
11. Corrine (Literature): literature sales—\$244 in sales, purchases were \$378. Call Corrine if you want to make an appointment to pick up literature. (619) 977-1546
12. Deb C (Internal Info): no report
13. Beth C.: Recorder no report
14. Callie (Young Persons): no report
15. Barbara Ru (Secretary): can email or text me if you are not on the email list to receive agenda minutes: secretary@oasandiego.org or (760) 717-9245.
16. Pam and Keren (R2 reps): no report
- 17: New business –

Stephanie mentioned that sometimes there is a request for a password needed when logging on. We will have the Meeting ID and Password on the upcoming agenda.

Discussion about meeting in person for individual meetings. There is autonomy of meetings, but also there is County Public Health Guidelines for peer-to-peer meetings.

Deena wants to add on to Jerry J's report. Region 2 2021 Convention Planning Meetings are every month on the last Saturday of the month via Zoom.

Mary V got several phone calls this week about inappropriate behaviors during meetings. Think of newcomers in the meeting and respecting each other.

Corrine—eventually, we will be meeting again in person—do we want the larger space to allow for more people and social distancing? Just something to think about when we move back into our space.

Kathy – We have 7 Board positions that will be up for election in Dec:
Vice Chair, 12th step within, Literature, Internal info, Retreat Liaison, Treasurer and Recorder. Please make an announcement at every meeting you go to about serving on the board and these openings. Under the bylaws, each board member must have a minimum of one-year current abstinence, 6 months of which shall be at maintenance, with the nominee being the sole judge of his or her abstinence and maintenance. In addition, board members must attend monthly board and intergroup meetings. (Bylaws, page 17.)

Deena moves to adjourn. Motion is seconded and passed.

17. Adjourn meeting with the Serenity prayer at 2:55 PM. Next meeting is Nov 7th at 2:00 PM.

Respectfully submitted,

Barbara Ru, Secretary OA SD IG