

November 7, 2020 Overeaters Anonymous – SD County Intergroup

Intergroup Meeting Minutes 2:00 pm

ZOOM software will be used--10 to 15 minutes before the meeting, paste the link below into your browser: <https://zoom.us/j/2893041418>

To join a meeting by phone, call 669-900-9128 (San Jose), then enter the 10-digit meeting number shown in the link.

Chair, Kathy H. present	Webmaster, TJ present
Vice-Chair, Joanna present	Internal Information, Deb C. present
12-Step Within, Ayawnda present	Treasurer, Liz B. present
Retreat Liaison, Chad present	Literature, Corrine present
Recorder, Beth C. excused	Reach Out Editor, CeeCee present
Secretary, Barbara Ru present	R2 / WSO Coordinator, Beth FJ present
Young Peoples, Callie present	Lease, Beth FJ (Ad Hoc) present
Public Information, Deena present	R2 Reps, Keren S. present and Pam W. absent

Zoom Administrator, Richard (Ad Hoc)/Professional Outreach, Richard

1. Kathy: Welcome!

A) Serenity Prayer

B) roll call board/intergroup

Present: Naomi Mon 7PM, Kathy M Sun 2 PM, Pam E Sunday 3:30;
Samantha Saturday 9:30 Encinitas; Claudia Tues Women Noon, Steph
Tues 7 AM Meditation and Discussion; Beck 5PM Wed BB, Chula Vista;
Susie Thursday Noon; Don Sunday Men's 9-10:30; Mary Sat 7AM; Carol
Escondido 9AM; Diane Friday Noon; Jerry J. R2 Convention Chair.
Charles Visitor. Sandy B.

C) Tradition 11—Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication— reflections by Chad.

D) Board Elections next month—8 positions available. There has been interest in all positions, but IG reps please take back to your meeting and encourage others who are interested to run for positions.

Vice Chair, 12th Step Within, Literature, Professional Outreach, Internal Info, Retreat Liaison, Treasurer and Recorder. Please make an announcement at every meeting you go to about serving on the board and these openings. Under the bylaws, each board member must have a minimum of one-year current

abstinence, 6 months of which shall be at maintenance, with the nominee being the sole judge of his or her abstinence and maintenance. Board members must attend monthly board and intergroup meetings. (Bylaws, page 17.)

One position that requires a little more qualifications—1-year abstinence and 6 months at maintenance—cannot be an “acting” position and that is the treasurer position. Beth FJ is sharing on this position. When Liz came on almost 2 years ago, Liz found some serious reporting problems because those who had served in this position did the best they could, but didn’t have expert knowledge about finance and non-profit and budgets that Liz has as a bookkeeper. If we cannot find someone to volunteer for this position (and Liz has offered to help them), we can hire someone to fill this position. This was verified by R2. TJ mentioned we do pay the accountant, but the CPA does different things, but we do have a precedence by hiring special workers. Budget committee met and we anticipated we may possibly need to pay a treasurer and that cost was factored in. Keren thinks we need to formalize this if we want to get a person with these qualifications. Beth FJ mentioned that would require us to change the bylaws and that is a long process. That is why we are talking about it now. Liz interjected that she will be there to help anyone who takes the position. We have reached a threshold of increased money in the fellowship which puts us into a different category requiring extra work and expertise in reporting. Joanna wants to know what we pay the CPA. \$300/month for CPA’s services. Stephanie M. wants to know what would be the additional qualifications for the treasurer—suggested professional experience in finances—bookkeeper or accountant, or experience with finances in church, synagogue, large not-for-profit organization, etc.? Beth FJ agreed with these suggestions for qualifications for treasurer.

2. Richard (Zoom Admin)/Professional Outreach:

Security Issues on Zoom--If your link is not green on the Zoom Calendar on the web page, then you are not a certified Zoom host. There have been several perpetrators, comments made primarily to women in the meetings through private chat which the host doesn’t see. The easiest way to keep perpetrator out of the chat is—click on Chat and there are 4 options: the last option is “chat with anyone publicly or privately.” Get rid of this!! This is a security issue. Easily fixed by the host. To throw someone out of the room if they become abusive, Richard has 5 bullet points if a perpetrator enters the Zoom room:

- Mute or Turn Off Video of the Offender.
- If related to chat, you need to know how to disable chat
- Remove the offender
- Document the behavior
- Report details to OA Intergroup Chair

More details are listed in Richard's recent email: "Urgent Message from your Zoom Administrator Regarding Zoom Abuse," which was sent to all zoom hosts, meeting secretaries, and intergroup reps.

Another security issue: person can come over and take over the screen—simple step--check the box in the license settings which states "only the host or user can write/annotate on what is being presented." Should be already in place for Zoom meetings held through our Zoom account, but others use their private accounts.

Several requests for Zoom training, or security training have been made. Beth FJ, and Richard have already started scheduling some sessions. Most of the problems that have happened can be prevented with just a little training.

3. Beth FJ R2 / WSO Coordinator, Lease (Ad Hoc): update on lease agreement—On Oct 22nd Liz and Kathy signed an amended lease--reduces our lease by \$900/month for 9 months and after this we go back to what we were paying a couple months ago. The lease was supposed to go up in January 2021 but in 9 months it will just go up to what we were paying before the \$900 reduction. Smaller unit we were looking at has been rented out. This lease goes until January 31, 2022 and we will keep the room we have been occupying. OAsis is still closed. No meetings can be held at the OAsis based on the state and county guidelines. No one except our Literature Chair can come into the OAsis currently. We revisit this monthly.

4. Liz (Treasurer): current financial status/donation to WSO and R2—Oct profit/loss this month—our insurance was paid this month for the year (reduced rate); net income— is minus \$1056.28 for the month but to be expected because of the insurance payment. Liz reported that on the San Diego OA FB page that no one is managing the account and Board recommends getting rid of this page. If someone sends a message to FB—no one is answering it. It was started several years ago by a member who no longer is in the fellowship. If someone wants to continue as the administrator, and manage the page, it is possible to continue but the Board is recommending getting rid of it. Bring it back to your group. There are more effective means of spreading the message and to protect anonymity. (.pdf link is listed regarding social networking.)

The Board approved the budget for next year. We are well in line for this next year.

5. Jerry/Convention Chair—Region Board came back with the decision to have the San Diego R2 **Convention** July 9-11 2021 **Virtual**. We need help and volunteers. Region 2, due to a clause in contract won't lose any money to hotel. Call or email Jerry if any questions. (408) 373-4982 or email at: oaodat@gmail.com.

6. TJ (Webmaster): no report
7. Callie (Young Person's Chair): no report
8. Deb C (Internal Affairs Chair): no report
9. CeeCee (Reach Out): no report
10. Chad (Retreat Liaison): no report
11. Corrine (Literature Chair): Literature sales—purchases 111.15, sales 111.00. Available to anyone who wants to purchase literature. Call Corrine at: (619) 977-1546.
12. Joanna (Vice Chair): no report
13. Beth C. (Recorder): no report
14. Ayawnda: (12 Step-Within-Chair): no report
15. Barbara Ru (Secretary): No report
16. Pam and Karen (our new R2 reps): Keren report—six things she thought the IG would be interested in from Region Assembly:
 - New literature—Young Persons and “Temporary Sponsors: Newcomers’ First 12 Days; (.pdf link is added below); and older pamphlets are combined.
 - Our own Jeri— has a speaker list
 - If you are sending money as 7th Tradition—do it online. Better than mailing it.
 - Lots of interest in convention going virtual
 - R2 has \$85,000—making money available to intergroups for projects and expenses in carrying the message.
 - Keren is also on the R2 Diversity Committee- broadened its focus—how we differ in our disease; and in other aspects of our lives-- ethnicity, political; gender; welcoming of others—such as thin, bulimic. (Most members are white females.) Important to create a welcoming environment. What is an outside issue and what is not an outside issue. Question arose re: how to get on the committee—Keren will check that out with R2. She put her phone number in the chat for those who wished to contact her.

Adjourn 3:18PM with Serenity prayer.

*Next Meeting December 5th at 2:00 PM

Respectfully submitted,
Barbara Ru., Secretary SD Intergroup

<https://oa.org/app/uploads/2020/05/Temporary-Sponsors-1.pdf>

<https://oa.org/guidelines/anonymity-in-the-digital-world/>