

## August 7, 2021 IG Meeting 2021 Overeaters Anonymous – SDIC

### Intergroup Meeting Minutes 2:00 pm

Bullet Points to share with your meetings if you don't want to read the entire minutes to your group. The minutes will be available on our website.

- Thanks to Richard V. for all his hard work as **Zoom Administrator**. He is stepping down and Noor G. will be taking over this position.
- **Financial report:**

Donations for July 2021:	\$3,230.80
Total Expenses for July 2021	\$3,080.63
Total Net Revenue for July 2021	\$150.17
- If you are interested in helping create a **logo** for our San Diego Intergroup, please email [logo@oasandiego.org](mailto:logo@oasandiego.org).
- It was voted on by the Board and the Intergroup (with input from their meetings) to extend our **lease** by one year at a reduced rate by notifying the landlords by August 2021 instead of waiting until January 2022.
- A **Reopening Committee** will be formed to look at safe ways to reopen the OAsis based on state and county guidelines, medical and legal information available. If you have a special interest in this (medical, education or legal background a plus), please contact the Chair of this committee, Barbara Ru at [reopening@oasandiego.org](mailto:reopening@oasandiego.org). First meeting expected within the next 2 weeks.
- Decision was made by the **Retreat Committee** on Sunday, 8/8/2021 (day after our IG meeting) that the November Serenity Retreat at Mission San Luis Rey will be postponed until the Spring due to the rising numbers of COVID cases.
- Don't forget to have your voice heard by contributing to the **Reach Out** at [reachout@oasandiego.org](mailto:reachout@oasandiego.org).

## Intergroup Meeting Minutes 2:00 pm

Chair, Kathy H. present	Webmaster, Ellen L. present
Professional Outreach, Kathy G. present	Vice-Chair, Gene present
12-Step Within, vacant	Treasurer, Maureen C. present
Retreat Liaison, Lou B. present	Literature, Alexis E. present
Recorder, vacant	Reach Out Editor, CeeCee present
Secretary, Barbara Ru present	Public Information, Deena, present
Young Peoples, Rachel K present	Internal Affairs, Riley, excused
Zoom Admin, ad hoc, Noor, present	R2/WSO Coordinator, Beth FJ, present
Lease, ad hoc, Beth FJ, present	WSO Rep: Jessica H. Present; Ginger Present
R2 Reps: Pam W. and Keren S. Not present	

IGRs: Jeff N, Fri 7 PM Abstinence; Marlene C Sun 3:30 PM; Joie Sat 7AM Meditation; Barbara R (sub) Saturday 8:30 Maintainers; Loretta, Mon 7PM Speakers; Sherri Tues 6:30 AM; Naomi Thurs 11 AM Step; Kathy Sat 6:30 PM 100 lbs; Lizzie 9AM Wednesday; Hope Tuesday 9AM Escondido; Bennett W 9AM Encinitas.

V: Charles, Dave B, Lizzie; Pam V.

1. Kathy: Welcome; Serenity Prayer
  - A) roll call for Board/IG
  - B) Tradition 8—Rachel K
  - C) Ad Hoc Zoom Position—A Big Thanks to Richard for putting together all the Zoom meetings from inception to now. Without Richard, we wouldn't be able to do what we are doing via Zoom. Richard is retiring from his position. We have a new Zoom Ad Hoc OA member taking over this position—Noor. She is happy to be able to carry on Richard's legacy. Thankful for opportunity to serve. Noor has helped with being a host and answering zoom questions, will make improvements where we can. Technology is to make our lives easier.
2. Gene: Vice Chair—no IG report.
3. Maureen: Treasurer—detailed report available on request.

Total Donations for 7/2021--\$3,230.80  
Total Expenses for 7/2021--\$3,080.63  
Total Net Revenue for July 2021--\$150.17

Rent went up to \$2378 from \$1600 as we knew it would. Donations have been lower in 2021 than 2020 but we haven't had to go into reserve due largely in part to the negotiations to have a lower rent during the pandemic.

4. Ellen L: Webmaster—Logo – would like to ask our entire membership about creating a logo for our SD IG. We are soliciting ideas for logos from our creative OA members. Please ask at your meetings for interested people and send suggestions to: [logo@oasandiego.org](mailto:logo@oasandiego.org). We can also use our logo on our websites and possibly other places such as at health fairs on water bottles, journals, etc.

5. Beth FJ: R2/WSO—vote on whether to extend lease for one year at the OAsis.

IGRs at July's IG meeting were asked to bring back to their meetings "Does your meeting support early signing (in August) the option to extend the lease at the OAsis for one year at a reduced rent?" Vote held and we had 24 yeas, 1 nay and 2 abstentions—motion passed to sign our one-year lease extension early for a reduced rent.

Beth FJ brought the idea to the Board today to form a committee--"re-opening committee," to look at safe ways to reopen the OAsis and when to reopen at the OAsis. Barbara Ru. discussed what this committee is all about. This committee will bring recommendations to the IG after discussion and research has been done taking into consideration what the state and county's stance is on safety measures. We are looking for members of the committee who have a medical background, mental health background, legal background, education background or who just have an interest in joining in on research for reopening. Please contact Barbara Ru, chair of the committee if you are interested at [reopening@oasandiego.org](mailto:reopening@oasandiego.org). So far, we have 4 interested members—2 in health care, 1 in law, and 1 in education. We will be announcing our first Zoom meeting within the next 7-10 days.

6. Lou B: Retreat Liaison—discussion re: moving forward with the upcoming in-person Serenity Retreat, Nov 5-7, 2021. Consensus is we are so eager to have an in-person retreat, but we need to do it safely. There were mixed feelings among the fellowship on having the retreat. The Retreat Committee met Sunday (day after our meeting), and Lou B. and Maureen C. came back to Kathy H., Chair after much deliberation with their committee, decided it was best to postpone the Serenity Retreat until the Spring, 2022. Thanks to Lou B. and his committee for their hard work and flexibility to do what is best for the fellowship.
7. Deena: Public Information—Deena reported she has relearned and learned things from program people, convention people and Kathy G how to spread the message. Her functions as Public Information chair overlap with Kathy G's role as Professional Outreach Chair. So many exciting opportunities are out there for radio PSAs, local resources, and more use of virtual and Zoom resources. Deena will also be involved in the logo development.

8. Kathy G: Professional Outreach—still compiling a list of doctors, nutritionists, therapists, etc. from the San Diego area. If anyone has a practitioner whom they would like information sent to, please contact Kathy G. at [pro-outreach@oasandiego.org](mailto:pro-outreach@oasandiego.org). Kathy G will also be involved in logo development.
9. Alexis: Literature—still not selling literature in person from the OAsis. Members can purchase literature at [bookstore.oa.org](http://bookstore.oa.org)
10. CeeCee: Reach Out—encourages everyone to contribute to Reach Out. Can be a short article; let your voice be heard!
11. Riley: Internal Info—excused.
12. 12 Step Within---vacant.
13. Rachel: Young Peoples' Chair—no new updates. If members are interested in meetings with more young people, the LGBT and A/B meetings typically have more young people attending.
14. Recorder---vacant.
15. Barbara Ru: Secretary—new reps—to get a copy of the agenda and minutes, send your email address to [secretary@oasandiego.org](mailto:secretary@oasandiego.org). Any IGRs who have passed the baton and are still receiving the minutes, please let your new reps know to send me their email addresses. Also, if you don't want to continue receiving the minutes, let me know that as well.
16. New Business

Bennett could not get on the meeting with the listed ID number. Barbara will get the updated ID number from Ellen and have it on upcoming meeting agendas/minutes. Update Zoom meeting is—ID 822 1580 0305, no password needed.

Bennett mentioned a member at the Encinitas meeting tested positive for COVID after being vaccinated. They did contact tracing and now are no longer meeting in person at this time. Please refer to "Considerations for Reopening" which is available on the website at [oasandiego.org](http://oasandiego.org).

Next meeting September 4, 2021 @ 2:00 PM  
Adjourn with the Serenity Prayer.

Respectfully submitted,  
Barbara Ru  
Secretary San Diego OA Intergroup