

October 2, 2021 IG Meeting 2021 Overeater Anonymous – SDIC

Intergroup Meeting Minutes 2:00 pm

HIGHLIGHTS OF THE IG MEETING

- Elections are coming up this December at the IG meeting. Positions available are: Chair, Vice Chair, Secretary, Professional Outreach, Internal Information, Public Information, Recorder, World Service/Region 2 Coordinator, 12th Step Within, Literature. A great opportunity to be of service! Requirements and job descriptions listed below.
- Special Meeting for details on Safe Reopening at the OASIS. Meeting by Zoom on October 23, 2021 at 12:30 PM. All fellowship is invited.
- Opportunity to be involved up updating the Bylaws. See details below.
- Screensharing OA material? See info from World Service office on what you can share and what is in violation of copyright laws.
- Only a couple days to submit your design for our new IG logo (deadline October 15, 2021). Contact: logo@oasandiego.org.
- Please check your information on the oa.org website. There may be some discrepancies with what is really happening at your meeting. If there are, please contact Riley at internal-info@oasandiego.org.
- Treasurer report:
Total Revenue: \$2874.22
Total Expenditure: \$4681.53
Net Revenue: - 1807.31
Donations are lower in 2021 than 2020
Expenditures are up because rent is back up.

Chair, Kathy H. present
Prof Outreach, Kathy G. excused
12-Step Within, vacant
Retreat Liaison, Lou B. present
Recorder, vacant
Secretary, Barbara Ru present
Young Peoples, Rachel present
Public Information, Deena present
Zoom Administrator, Noor (Ad Hoc) present

Webmaster, Ellen L. present
Vice-Chair, Gene excused
Treasurer, Maureen C. present
Literature, Alexis E. present
Reach Out Editor, CeeCee present
R2 / WSO Coordinator, Beth FJ present
Internal Info, Riley M, present

R2 Reps: Pam W. (absent) and Keren S. (absent)
WSO delegates: Jessica H. (absent) and Ginger G.(present)

IGRs:

Bennet-- Sat 9:30 Encinitas

Hope-- Tues Escondido 9AM
Suzanne D--Wed 5 PM BB
Jeff N—7 PM abstinence
Joie—Sat 7 AM
Mark A—Thurs Vista 7:30 PM
Loretta S.—Mon 7:00 Speakers
Beverly R—Sun Women’s 9AM
Pam V—Sat 10:30 AM
Charles--V
Kathy M—Sat 6:30 PM 100 lb club
Marlene C—Sunday 3:30 Weight Loss
Sherri K—Tues 6:30 AM
Dave B—Newcomer’s IGR Sat
Iola B.--Fri Noon BB study

1. Kathy: Welcome; Serenity Prayer

A) roll call for Board/IG

B) Tradition 9—Riley shared

Tradition 10—Ellen L. shared

C) **Positions available for elections in December**— Please think about service and what you would like to do. Positions terming out---Chair, Secretary, Internal Information, Public Information, Reach Out Editor (would like to continue), Retreat Liaison (Lou B will need to run again); R2/WSO Coordinator; Beth will stay on as Ad Hoc Lease person. Positions also available due to circumstances where the current person cannot continue are Literature person and Vice Chair.

Below are descriptions of positions according to our current Bylaws to be voted on December 4, 2021. The open positions are listed in bold print. The other positions are listed but not “bolded” so they are already filled. (pages 9-11) (To view the Bylaws in full, go to our webpage at oasandiego.org, click on the down arrow next to “Intergroup.”)

1. Chairperson shall preside at all Intergroup and Board meetings and may vote only when his/her vote would affect the result, shall be a co-signer of any SDCII bank account, and shall serve as the main contact person for the Office Manager. **2. Vice Chairperson** shall assume the duties of the Chairperson in the absence of the Chairperson and shall be in charge of arrangements for any SDCII-sponsored marathons. **3. Secretary** performs those duties attributed by custom to such position, as well as other duties detailed by the Board. a) In the absence of the secretary, the chair may appoint a member of the Fellowship to act as Secretary. b) Such person shall not have a vote, unless otherwise entitled to a vote. **4. Treasurer** shall be one of the co-signers of any SDCII bank

account and shall make a report of contributions and expenditures at every regular Intergroup meeting, and shall submit, each quarter, a complete financial statement. The Treasure is the guardian of funds received and monies disbursed and shall keep all receipts and/or vouchers for checks written. The Treasure shall meet with the audit committee for the purpose of providing any information needed for the audit. 5. **Professional Outreach Chairperson** shall provide information to hospitals and institutions and professionals, keeping in mind the tradition of attraction rather than promotion, and, when appropriate, work to establish OA groups within the institution. The Professional Outreach Chairperson shall act as liaison between the military and SDCII. 6. **Internal Information Chairperson** shall act as liaison between the Intergroup and member groups, working in conjunction with the "Reach Out" Editor and Intergroup representatives in the dissemination of information to OA groups of the SDCII. He/she shall contact area groups directly or through a committee formed for that purpose, and shall provide them with information helpful to the functioning of their groups. He/she shall also encourage groups to send representatives to the Intergroup meetings and encourage their participation and input of ideas on an Intergroup level. As Amended September 1, 2018 10 7. **Literature Chairperson** maintains records, orders and distributes OA/AA literature, and shall report monthly to the Intergroup meeting. 8. **Public Information Chairperson** shall support other outreach-oriented chairpersons on the Board, under the guidance of the WSO/R2 Coordinator, to attract compulsive overeaters to meetings. He/she shall apply to WSO for professional exhibit funds and provide WSO and R2 materials to local media outlets. He/she shall report regularly at Intergroup meetings. 9. "Reach Out" Editor shall be responsible for a regularly published edition (at least quarterly) of the "Reach Out" Newsletter containing highlights of Intergroup meetings, quarterly financial report, announcements and other appropriate information. The Editor shall seek direction from the Board regarding the publication of any material which may be inappropriate or may not be honoring the Traditions. 10. **Recorder** shall keep a record of motions passed at the Intergroup meeting, adding them when appropriate to the Standing Rules of the Bylaws, and indexing them by category. He/she shall keep a record of election results, including individual's name and election dates. He/she shall place a permanent copy of all such records in the Intergroup Office. He/she shall have a working knowledge of the SDCII Bylaws, including Addenda and Standing Rules and refer to them when appropriate during the Intergroup meeting. 11. **World Service/Region 2 Coordinator** shall be responsible for: 1) registering all SDCII R2 representatives with the Region 2 Office and coordinating all activities relating to the periodic R2 Assemblies, such as air fare, room reservations, representatives assignments, and any appropriate matter in relation to assembly material. 2) registering all Conference delegates with the World Service Office and coordinating all activities relating to the annual Conference, such as room reservation, delegate assignments, workshop assignments, and any appropriate matter in relation to Conference material. 3) The Coordinator need not personally attend all R2 Assemblies or the World Service Business Conference. 12. Retreat Committee Liaison will provide communication between the Board and the Serenity Retreat Committee. The Retreat Committee Liaison will be a member of the Retreat Committee. 13. Young People's Chairperson shall provide a continuum of support to young people through meetings, activities, public information panels, and literature targeted towards people under the age of 30. The Chairperson may organize a committee to assist in this process. The

committee works closely with the Professional Outreach and Public Information Committees. As Amended September 1, 2018 11 14. **Twelfth Step within Chairperson** shall provide organization, leadership, and planning for the 12-Step-Within Committee by scheduling regular Meetings, Workshops, Retreats, Outreach Events, and Publications. The committee shall provide a continuum of support to those members who may be struggling with relapse and recovery. The Chairperson (and/or the committee) will work closely with World Service and Region 2 committees that strive to meet the same needs of the membership and extend the hand of recovery to those who still suffer. 15. The Webmaster shall be responsible for the operation, maintenance and security of any web site or Internet form of publication or communication used by the San Diego County Intergroup, Inc. (SDCII) and the Board. The Webmaster shall also maintain current backup copies of all online files, folders and data. The Webmaster shall provide copies of all login information, access codes and other information needed to have full access to all media to two other board members designated by the SDCII Board. The SDCII Board is ultimately responsible to ensure that any media under the responsibility of the Webmaster complies with the O.A. 12 Traditions in respect to the way that the media relates to anonymity or any outside persons, activities, or enterprises. In the event that one individual should hold the position of Webmaster and another position on the SDCII Board, that person has only a single vote.

Election protocols and requirements for Board members according to the Bylaws (pages 16-18):

1. To insure continuity of service, Board positions are elected alternately as follows: a) In every odd-numbered year, elections shall be held for Chairperson, Secretary, Internal Information Chairperson, Public Information Chairperson, "Reach Out" Editor, World Service and Region 2 Coordinator, and Retreat Committee Liaison. b) In every even-numbered year, elections shall be held for Vice Chairperson, Treasurer, Professional Outreach Chairperson, Literature Chairperson, Records, Young People's Coordinator, and Twelfth Step Within Chairperson. 2. x3. Beginning at the December 2000 Intergroup elections and thereafter, no person shall serve for more than two consecutive two (2) year terms in the same position. C. Vote shall be by written ballot when more than one person is nominated for any one position. If there is only one nominee, vote will be by show of hands. D. Requirements for Candidates for Election 1. To be eligible for election, a nominee must, at the time of his/her nomination, be a member of any SDCII group, be regularly attending OA meeting(s) and have a working knowledge of the Twelve Steps and Twelve Traditions.

2. In order to be elected, a nominee must be present at the election meeting. Exception shall be made if written notice has been given prior to the election meeting, stating (1) willingness to serve, and (2) reason for absence deemed valid by the Board.

3. Abstinance and Recovery requirements a) To be elected to the Intergroup Board, a nominee must have a minimum of one year of current abstinence,

six months of which shall be at maintenance, with the nominee being the sole judge of his/her abstinence and maintenance. Nominees need to be familiar with and understand the duties of the positions they are seeking, and the requirements and responsibilities thereof, if elected. (For specific duties of Board positions, refer to Article V, Section B. For requirements and responsibilities see Article V, Section D). e) The duties of those newly elected to service positions shall be assumed at the end of the election meeting. In the spirit of cooperation the current holders of service positions and those newly elected shall effect the transfer of any pertinent material and/or information as soon as possible.

We have a bylaws committee of 3 so far; current requirements for elections and positions are on pages 9-11. **Next year, our committee will be looking at and updating the bylaws.** It is quite a process. The changes need to go to each of the meetings. All members with a familiarity of the program can be on the committee. Committee making proposals which will be voted on by the fellowship. The updated bylaws will not be ready by the December elections.

2. Barbara Ru: Safe Reopening Committee Report
 3. Barbara Ru: Safe Reopening Committee Report—The Board adopted these first 5 recommended requirements as requirements before the OAsis opens keeping in mind our traditions which state:
 - Each group should be autonomous except in matters affecting other groups or OA as a whole
 - For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
1. **Before meeting for the first time in-person**, the group must meet virtually to discuss:
 - How the group will meet the requirements;
 - Which of the recommendations -- including vaccination, masking, social distancing -- the group will institute according to group conscience.
 - How the group will fulfill these decisions.
 2. **Communication:** The meeting must communicate its group conscience decisions by:
 - sending to the webmaster for posting 2 weeks before the first meeting;
 - designating a contact person to be the key holder and to communicate the contents of this document to the group.

- including in the meeting format and reading it at each meeting, along with this statement: “Individuals who attend a meeting in person at the OAsis do so at their own risk. We have taken basic precautions and ask that you not attend this meeting if you have any of the symptoms of COVID listed on the poster. In addition, if you test positive or develop symptoms after attending a meeting, please notify your meeting secretary so other members may take precautions.”
3. **Clean/disinfect** the OAsis meeting area before AND after your meeting. Written instructions will be provided. Meetings should consider establishing a service position to meet this requirement.
 4. **Departure:** After the meeting, attendees must leave the OAsis and the building. Members are encouraged to socialize outside.
 5. **Diagnosis or Known Exposure:** Attendees must notify the meeting secretary if they have a known exposure or have been diagnosed with COVID and have recently attended the meeting.

There are other recommendations which each meeting can adopt or not according to their group conscience.

The Safe Reopening Committee will be meeting within the next week to fine tune the Board Recommendations and fine tune the Safe Reopening document which will be submitted to the Board for approval. A special IG “townhall” meeting will be held on October 23, 2021 from 12:30-2:00 PM via zoom with discussion on safe reopening and approved protocols and recommendations.

4. Maureen: Treasurer
 Total Revenue: \$2874.22
 Total Expenditure: \$4681.53
 Net Revenue: - 1807.31
 Donations are lower in 2021 than 2020
 Expenditures are up because rent is back up.
 We are not hurting, we have plenty of money in the reserves, but we appreciate donations!
 Total balance in OA savings is at least \$50,000.
5. Ellen: Webmaster—report on screen sharing from WS. A letter from WS to pass on to members. Posting it on website. Copyright policy—OA that is protected by copyright, certain things can be screenshared. Please site the source. All other OA material must not be screenshared, copied into documents, etc. Protected by copyright law. Not a group conscience decision. Letter from OA attached.
6. Beth: R2/WSO Coordinator—Hybrid—in getting ready to reopen, we are looking into the best way to have hybrid capability. Bids so far have been around \$3,000—we can do it less expensive—get a large TV, webcam, microphone. Each person can bring a laptop. If someone wants to spearhead this committee, let us know so we can open OAsis and have hybrid capability if your meeting choses this.

7. Noor: Zoom Administrator—no report.
8. Lou: Retreat Liaison—working on a retreat, looking at next Spring; this year was cancelled due to concerns of safety for the attendees. Committee will be coordinating with the Board and the Mission San Luis Rey.
9. Deena: Public Information—**October 15th is the deadline for entering designs for OA logo. Logo@oasandiego.org.**
10. Gene: Vice Chair—excused.
11. Alexis: Literature—get literature at bookstore.oa.org.
12. CeeCee: Reach Out—no new report.
13. Riley: Internal Info—find your meeting listing on OA.org and make sure your meeting is listed correctly. Online and in person; face-to-face meetings. Meeting listing at the World Service Office is kind of a mess currently. If it is not listed correctly, **please reach out to Riley. Just email Riley with the information. Email—internal-info@oasandiego.org.**
14. Rachel: Young Peoples' Chair—no new report
15. Kathy G: Professional Outreach, excused.
16. Recorder---vacant
17. 12th Step Within--vacant
18. New Business--none

Next meeting: November 6, 2021 @ 2:00 PM

Special Meeting on Reopening at the Oasis on October 23, 2021 at 12:30 via Zoom.

Adjourn with the Serenity Prayer.

Respectfully submitted,

Barbara Ru
Secretary San Diego OA Intergroup