



**Overeaters Anonymous
San Diego County Intergroup, Inc.**

**Meeting Minutes
Dec. 4, 2021 - 2:00 pm**

Highlights to Read at Meetings

- The **2022 Retreat** at the San Luis Rey Mission is going to be on April 22nd through the 24th, 2022. It will be in person only and both men and women are welcome.

- All of OA all over the country and/or world has been targeted by **Zoom disrupters**, so it is crucial that people rotating into new Zoom service positions get the proper training on how to utilize Zoom's security features to keep our meetings safe. We will be doing security training for all hosts and co-hosts in the new year.

- **Elections** were held and these were the results:
 - Kathy H. was elected as Chair.
 - Keren S. was elected as Vice-Chair.
 - Beverly R. was elected as Literature Chairperson.
 - Gina E. was elected as acting Secretary.
 - Lou B. was elected as Retreat Liaison.
 - Ellen L. was elected as Webmaster.
 - Joie T. was elected as acting Public Information Chairperson.

- Intergroup Trusted Servants positions which are currently **vacant**:
 - Internal Information
 - World Service and R2 Coordinator
 - Recorder
 - 12th Step Within Chair
 - R2 Representative (one slot available)
 - World Service Business Conference Delegates - currently filled by Jessica H. and Ginger G., but we could always use more.

- Next meeting: Saturday, January 8, 2022, at 2:00 pm PT

Full Minutes

Chairperson: Beth FJ (substituting for Kathy)

1. Welcome; Serenity Prayer
2. Roll Call - Intergroup Board Members & Trusted Servants
 - a. Chair, Kathy H. – excused
 - b. Professional Outreach, Kathy G. – excused
 - c. Webmaster, Ellen L. – present
 - d. Treasurer, Maureen C. – excused
 - e. Retreat Liaison, Lou B. – present
 - f. Reach Out Editor, CeeCee – present
 - g. Secretary, Barbara Ru – excused
 - h. R2 / WSO Coordinator, Beth FJ – present
 - i. Young Peoples, Rachel K. – present
 - j. Internal Information, Riley – present
 - k. Public Information, Deena B. – present
 - l. Zoom Administrator, Noor – excused
 - m. Region 2 Representative – Keren S.
 - n. World Service Delegates:
 - i. Jessica H.
 - ii. Ginger G.
 - o. Vacant: Vice-Chair, Literature, Recorder, 12-Step Within
3. Intergroup Representatives:
 - a. Loretta – Monday, 7pm
 - b. Stacie – 10:30am Saturday Maintainer's
 - c. Dave B. – Saturday Newcomers 8:00am and Sunday Men's meeting 9:30am
 - d. Naomi – Thursday, 11am in person
 - e. Kathy M. – Saturday, 6:30pm 100 pounders
 - f. Sherri K. – Tuesday, 6:30am For Today
 - g. Jeff – Friday, 7pm Abstinence meeting
 - h. Suzanne – Wednesday, 5pm Big Book Study
 - i. Alice C. – Friday Noon Big Book meeting
 - j. Beverly – Sunday Women's Writers Meeting, 9am
 - k. Marlene – Sunday, 3:30pm Weight Loss Surgery meeting
 - l. Hope – Tuesday, Escondido 9am
 - m. Diane S. – Monday, 9am
 - n. Joie – Saturday, 7am Meditation meeting
 - o. Jeri A. – Monday, 4pm Meditation and Writing meeting
4. Visitors:
 - a. Charles
 - b. Ayanda
 - c. Donna T.
 - d. Pam E.
 - e. Gina E.

5. Passing of Terry F. (“Powerless Terry” or “Terry Blessed”) Jessica H. and Dave B. gave short shares about their experiences with Terry F. at the IG meeting.
6. Tradition 12 was read and explained by Deena B.

Reports:

1. Maureen: Treasurer (excused) — Beth gave report:
The monthly donations for November were \$2,797.21, and our expenses for \$4,522.84. We did spend more — we had a lot of expenses in trying to get ready for hybrid, but Maureen wanted me to emphasize that we have enough money in our checking account and we’re doing fine, we just want people to continue making their 7th Tradition donations. If anyone wants a more detailed report, please reach out to her at treasurer@oasandiego.org.
2. Lou B.: Retreat Liaison
I have a brief report from the retreat committee. We are moving forward with our next, planned retreat at the San Luis Rey Mission. It’s going to be on April 22nd through the 24th, 2022. It’s going to be an in person only retreat. Both men and women are welcome.
3. Ellen L.: Webmaster
Please check over the schedule for your meeting on the website to make sure we have the correct contact information for your meeting. Ideally, we’d have two contact people (phone numbers) and one email address listed. Only the phone numbers get put on the website so newcomers can call and find out about the meeting. The email is meant for our internal use so we can contact you about disrupters, anything Zoom-related, etc.
4. Noor: Zoom Administrator (excused) — Ellen gave report:
All of OA all over the country and/or world has been targeted by disrupters. They post our URLs on social media. Last week we had 5 incidents. We’ve had much fewer incidents than other Intergroups because we’re pretty well-trained and pretty secure, in terms of utilizing Zoom’s security features.

The real key, especially as service positions rotate, is that new people really do need to get Zoom training. You can contact us to get trained. Noor’s email is zoom@oasandiego.org. I’m also always available at webmaster@oasandiego.org. Please feel free to reach out to us. It’s very upsetting when disrupters come and do inappropriate things, but we do have tools to be able to handle that. We will be doing security training for all hosts and co-hosts in the new year.
5. Remaining Chairs have no reports for this month.
6. Elections — Keren S. and Jeri A.
 - a. Jeri A.: (A portion of the Intergroup bylaws were read regarding the election process).
 - b. Keren S.: We will take each open position one at a time and ask if there are additional candidates for each position. Anybody can nominate themselves or someone else. Each candidate will be given an opportunity to talk about themselves and why they want the position. Ellen will then move each candidate into the waiting room so we can vote. After the vote, either Jeri or I will announce the results of the vote and we will continue to the next position. The votes will be counted and recorded.

- c. Open positions: Chair, Vice Chair, Literature, Secretary, Retreat Liaison, Professional Outreach, Public Information, Internal Information, World Service/R2 Coordinator, Recorder, 12th Step Within, R2 Representative.
- d. Elections Results:
 - i. Chair — currently Kathy H.
 - 1. Candidates: Kathy H.
 - a. Kathy's letter of intent was read by Keren S. in her absence.
 - b. 24 votes in favor, 0 opposed, 0 abstentions.
 - c. Kathy H. was elected as Chair.
 - ii. Vice-Chair — vacant
 - 1. Candidates: Keren S.
 - a. Keren S. briefly qualified and explained why she wants the position.
 - b. 23 votes in favor, 0 opposed, 0 abstentions.
 - c. Keren S. was elected as Vice-Chair.
 - iii. Literature — vacant
 - 1. Candidates: Beverly R.
 - a. Beverly R. briefly qualified and explained why she wants the position.
 - b. 23 votes in favor, 0 opposed, 0 abstentions.
 - c. Beverly R. was elected as Literature Chairperson.
 - iv. Secretary — Barbara Ru
 - 1. Candidates: Gina E.
 - a. Gina E. briefly qualified and explained why she wants the position.
 - b. 24 votes in favor, 0 opposed, 0 abstentions.
 - c. Gina E. was elected as acting Secretary.
 - v. Retreat Liaison — Lou B. (interim)
 - 1. Candidates: Lou B.
 - a. Lou B. briefly qualified and explained why he wants the position.
 - b. 24 votes in favor, 0 opposed, 0 abstentions.
 - c. Lou B. was elected as Retreat Liaison.
 - vi. Webmaster — Ellen L.
 - 1. Candidates: Ellen L.
 - a. Ellen L. briefly qualified and explained why she wants the position.
 - b. 22 votes in favor, 0 opposed, 0 abstentions.
 - c. Ellen was elected as Webmaster.
 - vii. Public Information — Deena B.
 - 1. Candidates: Joie
 - a. Joie briefly qualified and explained why she wants the position.
 - b. 22 votes in favor, 0 opposed, 0 abstentions.
 - c. Joie was elected as acting Public Information person.
 - viii. Open positions for which there were no candidates:
 - Internal Information - During the meeting a member volunteered to run for 12th Step Within and was elected to the position. Following the

meeting, however, she decided to withdraw from the position, and the position remains vacant.

- Professional Outreach
- World Service and R2 Coordinator
- Recorder
- 12th Step Within Chair
- R2 Representative (one slot available)
- World Service Business Conference Delegates - currently filled by Jessica H. and Ginger G. but we could always use more.

7. Next meeting Jan. 8, 2022; 2:00 p.m.
8. Adjourned with the Serenity Prayer.
9. Next meeting: January 8, 2022, 2:00 pm (PT)