

OA SAN DIEGO BOARD MEETING MINUTES – JULY 1, 2023

Highlights

Intergroup Reps: please read the below highlights at your meetings. The full minutes are on our website <https://oasandiego.org>.

- May 2023 financial report (summary): Revenue = \$16,917.07; Expenses = \$17,705.30. Received \$788.23 less than paid out.
- The next Urban Retreat is on October 20-21 at the Baha'i Center, no registration required. The next retreat at Mission San Luis Rey is May 17-19, 2024 in Oceanside. The price to attend the retreat is rising because the cost of retreats is rising.
- If you can afford to donate to the 7th Tradition, please do so because then you are helping to carry the message and support scholarships for those who can't otherwise afford to attend workshops and retreats.
- The next 12th Step Within Workshop will be “Lighten Up, Let Go and Laugh” on Sunday, July 23, 1-3 pm.
- DISCUSSION ABOUT SERVICE – Kathy asked IG reps, why are you willing to do service? And why are many people NOT stepping up to do service? The following comments were received:
 - I do service because I love the meeting and I want it to continue.
 - Service makes me happy and gives me a way to give back.
 - In person meetings are more conducive to doing service.
 - Zoom meetings have more service positions and they are more technical; it's hard to transition to new ways of doing things
 - Someone at my meeting volunteered to be a “member at large” and so I felt confident that if I needed a backup once in a while, she would do my service position
 - I want OA to continue.
 - To facilitate service volunteers, keep it simple!
- The PI/PO Committee has begun a project to reach out to prospective OA members who may lack internet access, whereby volunteers will distribute OA posters and sticky notes at places they go. PI/PO will arrange to deliver the prepared materials to volunteers. Jane will send out an email blast with all information. If interested, contact Jane at PIPO-Committee@oasandiego.org.

- People without internet access can call the Recovery Line (858-836-1770) to get information, and they get information when IG reps read the meeting highlights at meetings.
- Kendra W. is forming a social media committee to engage young people; please spread the word. “Young People” is not limited by age, although you must be 18 or older to participate without being accompanied by a parent or guardian, and you must want to help young people no matter how old they are! Interested persons should contact Kendra at young-people@oasandiego.org.
- Ellen made a MOTION to amend our Bylaws to delete Webmaster from the list of Board members and make it a volunteer non-Board position with no termination dates. According to our Bylaws, the recording of this motion in the July IG minutes should constitute submission of a written proposed amendment. At the following regular Intergroup meeting, which is the August 5 meeting, the proposed amendment will be discussed and voted on.
- IG reps are invited to bring topics or questions from their groups for discussion at IG meetings. Groups can put items on the advance agenda, or your rep can just raise a virtual hand during the “OPEN FORUM.”
- The Board and Intergroup agreed, by Motions, to change our Board and IG business meeting start times beginning August 5, to start the Board meeting at 12:45 pm, ending at 1:45, and start the IG meeting at 2 pm, ending at 3 pm.

The next Intergroup Meeting is on Saturday, August 5, 2023 at 2 pm on Zoom.

FULL MINUTES

Kathy H. opened the meeting at noon with the Serenity Prayer.

Kathy discussed Step Seven.

Adoption of the minutes of June IG business meeting, APPROVED.

Board Members present (and their positions): Kathy H. (Chair); Gina E. (Secretary); Kendra W. (Young People's Chair); Jeff N. (Internal Info Chair); Ellen L. (Webmaster); Jane Z. (PI/PO Chair); Maureen (Treasurer); and Lou B. (Retreat Chair); and Elyesse U. (12th Step Within Chair). Keren S. was excused. Jessica H. (WSBC delegate) was also present.

Intergroup Reps (and meetings they represent) – Debbie L. (Mon. 12:30 pm); Christina (Mon. 4 pm); Hope B. (Tues. 9 am Escondido); Gerri Beth (Tuesday 7 pm Night Snackers); Mary H. (Wed. 5 pm Big Book); name? (Thurs. 11 am); Dixie (Thurs. noon In-Person); Jess (Thurs. 6 pm); Dona

(Thurs. 7:30 pm); Darlene R. (Fri. 7 pm Abstinence); Melanie M. (Sat. 9:30 am Encinitas); Elizabeth (Sat. 10:30); Anne Marie (Sat. Maintainers); Claudia (Sat. 6:30); Barbara S. (Sunday 9 am); Kym A. (Sunday 9 am A-B).

Visitors Clare B., Lois M., Curt B. and Pam V. were also present.

REPORTS

Chair, Kathy H. — MOTION by Christina, 2nd by Barbara S., to change our Board and IG business meeting start times beginning August 5, to start the Board meeting at 12:45 pm, ending at 1:45, and start the IG meeting at 2 pm, ending at 3 pm. PASSED.

– If you can afford to donate to the 7th Tradition, please do so because then you are helping to carry the message and support scholarships for those who can't otherwise afford to attend workshops and retreats.

Treasurer, Maureen C. – May 2023 financial report (summary): Revenue = \$16,917.07; Expenses = \$17,705.30. Received \$788.23 less than paid out.

Webmaster, Ellen L – Ellen urged IG reps and their meetings to check out our website (oasandiego.org) early and often to find all sorts of San Diego IG information (meeting links, links to podcasts, business meeting minutes, upcoming events, information on Zoom classes and host training, and much more). If you want to add anything to our website, or you have comments or questions, or if you want to start a new Zoom meeting, you can contact Ellen at Webmaster@oasandiego.org or call or text her at (919)999-6085.

– **MOTION by Ellen, seconded by Christina to amend our Bylaws to delete Webmaster from the list of Board members and make it a volunteer non-Board position with no termination dates. (According to the Bylaws Article VII, Amendments, the recording of this motion in the July IG minutes should constitute submission of a written proposed amendment. At the following regular Intergroup meeting, which is the August meeting, the proposed amendment will be discussed and voted on. The amendment shall require a vote of two-thirds of those voting for passage of the motion.)**

Twelfth Step Within, Elyesse U. – The next 12th Step Within Workshop will be “Lighten Up, Let Go and Laugh” on Sunday, July 23, 1-3 pm. Information and Zoom link are on our website.

Young People's Chair, Kendra W. – Kendra is forming a social media committee to engage young people; please spread the word. “Young People” is not limited by age, although you must be 18 or older to participate without being accompanied by a parent or guardian, and you must want to help young people no matter how old they are! Interested persons should contact Kendra at young-people@oasandiego.org.

Retreat Chair, Lou B. – The Urban Retreat is on October 21,22 at the Baha'i Center in San Diego; no registration required. The next retreat at Mission San Luis Rey is May 17-19, 2024, in Oceanside. The price to attend the retreat is rising because the cost of retreats is rising.

PI/PO Chair, Jane Z. – PI/PO has begun a project to reach out to prospective OA members who may lack internet access, whereby volunteers will distribute OA posters and sticky notes at

places they go. PI/PO will arrange to deliver the prepared materials to volunteers. IG reps, please ask your group members to volunteer. Jane will be sending out an email blast with all information. Contact Jane at PIPO-Committee@oasandiego.org.

– Also, people without internet access can call the Recovery Line (858-836-1770) to get information, and they get information when IG reps read the meeting highlights at their meetings.

Internal Information Chair, Jeff N. – Please send any updates to your meeting information to Jeff, and if you're a new IG rep please send your email address to Jeff – Info@oasandiego.org – so you will receive meeting notices and minutes each month.

DISCUSSION ABOUT SERVICE – Kathy asked IG reps, why are you willing to do service? And why are many people NOT stepping up to do service? The following comments were received:

- I do service because I love the meeting and I want it to continue.
- Service makes me happy and gives me a way to give back.
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- Someone at my meeting volunteered to be a “member at large” and so I felt confident that if I needed a backup once in a while, she would do my service position
- I want OA to continue.
- To facilitate service volunteers, keep it simple!
- The meeting was adjourned with the Serenity Prayer at 1:07 pm.

The next Intergroup Meeting will be on Saturday, August 5, 2023 at 2 pm on Zoom.

Minutes submitted by Gina E., Secretary