

Overeaters Anonymous

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ADVANCED ZOOM HOSTING

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KEEP ZOOM UPDATED

The Zoom app varies based on device, version, and settings and Zoom is continually upgrading. Keep your app updated for the latest features and fixes. Check for updates from the main app window by clicking on your profile (top right) or go to zoom.com/download.

SIGN INTO YOUR ACCOUNT

Sign into your Zoom account – and stay signed in - to use all the features and your own settings.

BASICS

Understand the different settings:

APP SETTINGS – The Zoom program that is installed on your device.

ACCOUNT SETTINGS – Sign in on zoom.com to your account for the different settings based on your account type.

MEETING SETTINGS – The defaults when a meeting is schedule or started as an instant meeting.

ROOM SETTINGS – Features that can be changed during a meeting by host/cohosts.

BASICS

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View up to 49 participants per page – depending on your device.

Understand Zoom's ordering algorithm. Participants are added in order of arrival and reordered as raise hands, speak, and turn video on and off.

Create your own view by going to View > Sort Gallery View, if enabled.

Move checkers around the checkerboard.

Release video order.

Follow host's order

TIP: Don't lower hands until done speaking.

GALLERY VIEW

View participant's connection. Advise folks to turn off video.

Fullscreen - exit fullscreen

Spotlight

Add/replace Spotlight

Participants can change back

Pin & Multi-pin

SPEAKER VIEW

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1. View options: Side-by-side mode



- Hover pointer over boundary between shared screen and videos until it changes to a double arrow and you see a grey line separating both views.
- Click and drag the separator to adjust the size of each view.

EXTRA: View Options – change size

SEE MORE DURING SHARING

Panels = Windows

Participants

Chat

Transcription

Q&A

Breakout Rooms

Apps

Polls

Merge (docked)

Pop-Out

Resize, move

Keyboard shortcuts

PANELS

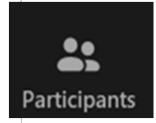
7

Names appear in this order:
You – host – co-hosts
Raised hands, in order
Unmuted online participants
Unmuted dial-in participants
Muted online participants
Muted dial-in phones
Alphabetically sorted with category

Close Participants Window to get instant waiting room notifications.

Use search feature.

PARTICIPANTS



Enable and set defaults

Save (copy)

Delete

Screenshot

Use Emojis

Send files

Formatting

Limit permissions



CHAT

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GENERAL

Always show meeting controls

Ask me to confirm when I leave

Show meeting timers

Show user profile icon

Automatically keep Zoom desktop client up to date – Fast

Skin tone

SETTINGS

VIDEO

SETTINGS

Mirror

Adjust for low light - Auto

Always display participant names

Always show video preview

Maximum participants – 49

Advanced – uncheck boxes if problems

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AUDIO

Test speaker and mic

Automatically adjust mic

Zoom background removal

Automatically join audio

Mute my microphone when joining

Press and hold SPACE key to temporarily unmute yourself

SETTINGS

SHARE SCREEN

SETTINGS

Maintain current size or maximize

Scale to fit shared content

Side-by-side mode

Share all windows

Show all sharing options

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BACKGROUNDS & EFFECTS

SETTINGS

Virtual Backgrounds Images Videos

Video Filters

Avatars

Studio Effects

RECORDING

Local recordings

Cloud recordings

Security considerations

Anonymity considerations

SETTINGS

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PROFILE

Profile Picture

Display Name

Pronouns

Personal Meeting ID

Host Key

Subscription

SETTINGS

ACCESSIBILTY

SETTINGS

Closed Caption

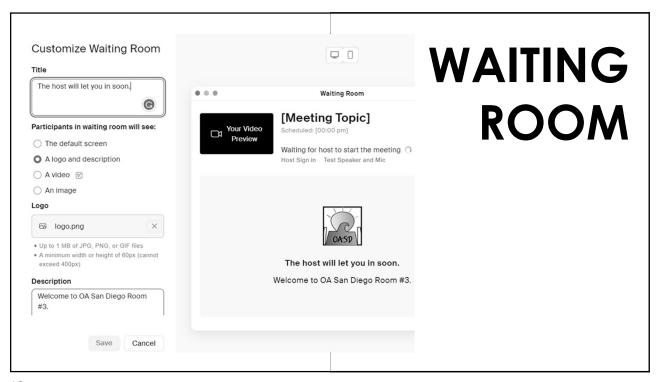
Font Size

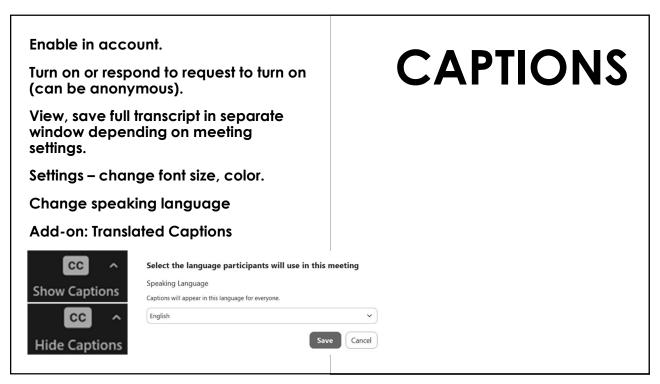
Colors

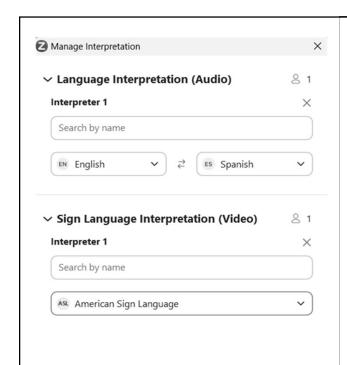
Chat Display Size

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Waiting Room Options Sort order of people in the waiting room in the participants panel: Join order Alphabetical Customize Waiting Room Options: Do not allow the host to add a custom logo More Options Users invited during the meeting by the host or co-hosts will bypass the waiting room Allow participants in the waiting room to reply to host and co-hosts By enabling this, all participants using older versions of Zoom will be asked to upgrade their clients before joining a meeting.







INTERPRETATION

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POLLING

Enable in account. Set up in advance or during a meeting. Use different question types and view reports.

Q&A

Enable in account, turn on or off during meeting.

RECORDING

Enable in account, modify settings. Take anonymity into consideration.

POLLING Q&A RECORDING

Enable and change settings in account

Create, add, delete rooms

Assign manually or automatically – number of rooms /participants

Let participants choose

Management options

Let participants change rooms, return to main room

Closing room – manual or automatic

Broadcast message – text or voice

Share screen to all rooms or within a room

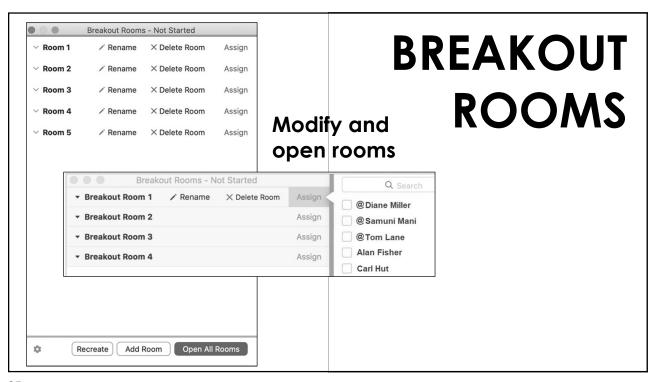
Hosts can move in and out of rooms

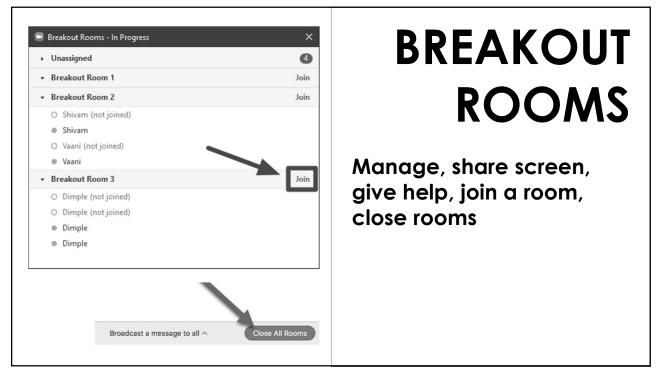
Optional closing countdown

BREAKOUT ROOMS



BREAKOUT Create 1 : breakout room n automatically **ROOMS** ☐ Include co-host(s) when assigning Create and Assign manually choose options Let participants choose room Allow participants to choose room Allow participants to return to the main session at any time Automatically move all assigned participants into breakout rooms 1 particip Automatically move all selected participants in breakout rooms to main meeting Breakout rooms close automatically after: 30 minutes Notify me when the time is up Countdown after closing breakout room Set countdown timer: 60 seconds





Instant meetings

Recurring meetings

"Claim Host" Method

Start meeting without host

Allow participants to join x minutes

Mute participants upon entry

Templates

Registration, Emails, Branding

Polls / Quizzes

Surveys

SCHEDULE MEETING

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RTFM – New versions, more features

View Meeting Info

Tweak your settings

Use Keyboard shortcuts
Alt key - show/hide controls
Space bar – mute/unmute

Hover for hints

Click More or ...

Watch onscreen messages

Hide self view

POWER USERS

oasandiego.org/zoom

MORE INFO

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