

## **OA SAN DIEGO INTERGROUP MEETING MINUTES – NOVEMBER 4, 2023**

**Highlights to Read at Meetings – Intergroup Reps please read the below highlights at your meetings. The full minutes are on our website <https://oasandiego.org>.**

The Board positions of Chair and Secretary will be open in January 2024. Election to fill these positions will be held at the December 2, 2023, Intergroup meeting. Candidates should notify the Board in advance or be present at the December Intergroup meeting. Each position is for a 2-year term and requires one year of abstinence by your own definition, or you can serve in an Acting capacity.

Meetings that are recording speakers for our podcast should be sure to have their speakers fill out a release for on our website, [oasandiego.org/release](https://oasandiego.org/release).

World Service is struggling to meet its expenses; meetings are asked to donate a greater proportion of the 7th Tradition to the World Service Office, if feasible.

A workshop on “Strategies to End Slipping and Sliding” will be November 11, 11 am-1 pm, on Zoom.

If you're a new Intergroup rep, or you're not getting Intergroup meeting notices, agendas, and minutes, send your name and email address to [info@oasandiego.org](mailto:info@oasandiego.org).

### **FULL MINUTES**

– Keren S. opened the meeting at 2 pm with the Serenity Prayer.

– Maureen C. discussed Step Eleven.

Board Members present (and their positions): Keren S. (Vice-Chair); Maureen C. (Treasurer), Gina E. (Secretary); Jeff N. (Internal Info Chair); Elyesse U. (12th Step Within Chair); and Lou B. (Retreat Chair). Kendra W., Kathy H. and Jane Z. were excused.

Intergroup Reps (and meetings they represent) – Debbie L. (Mon. 12:30 In-Person); Christina (?) (Mon. 4 pm); Bridget (Tues. 6:30), Lee (Tues. 9 am Escondido); Gerri Beth (Tuesday 7 pm Night Snackers); Mary (Wed. 5 pm), Dixie B. (Thurs. noon In-Person); Tamara (Thurs. Noon); Erin (Thurs. 7 pm Vista); Gloria G. (Sat. 7 am); Barb N. (Sat. 9:30 am Encinitas); Kat (Sat. 10:30 am Step Study); Claudia (Sat. 6:30 pm 100-pounder); Dave B. (Sunday 9 am In-Person Men's); Dawn D. (Sun. 9 am). Jerry J. (WSO delegate, R2 rep), Lois M. (Arizona) and Pam V. were also present.

## REPORTS

Vice-Chair, Keren S. – Adoption of the minutes of the October Intergroup meeting, APPROVED

– The Board positions of Chair and Secretary will be open in January 2024. Election to fill these positions will be held at the December 2, 2023, Intergroup business meeting. Candidates should notify the Board in advance or be present at the December Intergroup meeting. Each position is for a 2-year term and requires one year of abstinence by your own definition, or you can serve in an Acting capacity.

Treasurer, Maureen C. – September financial reports – Total Donations \$2,169.87; Total Expenditures \$583.12; Received \$1,586.75 more than paid out.

– World Service is struggling to meet its expenses; meetings are asked to donate a greater proportion of the 7th Tradition to the World Service Office, if feasible.

Twelfth Step Within, Elyesse U. – A workshop on “Strategies to End Slipping and Sliding” will be November 11, 11 am-1 pm, on Zoom.

Retreat Chair, Lou B. – The Board voted to sponsor the Valentine's Day dance (tentative date 2/10/24) proposed by Melinda H. for OA members, as well as members of AA and other 12-Step fellowships.

– The October Urban Retreat was well-attended and just about broke even.

– The next Serenity Retreat will be at Mission San Luis Rey on May 17-19, 2024. Registration is not open yet; there will be further announcements.

Internal Info Chair, Jeff N. – If you're a new Intergroup rep, or you're not getting Intergroup meeting reminders, agendas and minutes, please send your name and email address to Jeff, [info@oasandiego.org](mailto:info@oasandiego.org) . If you've already done so, Jeff will be updating his list to include you in time to receive these minutes.

– Please send the names and email addresses of the current trusted servants at your meetings to Jeff ([info@oasandiego.org](mailto:info@oasandiego.org)).

PI/PO Chair, Jane Z. – In Jane's absence, Keren reported that Jane is refocusing the PI/PO work on reaching out to, and sharing information with, people within the Fellowship.

Region 2 Report, Jerry J. – Our R2 reps are Keren S., Ellen L. and Jerry J. Jerry attended the R2 Assembly on October 27-29; among other things, new officers were elected, several motions were passed, and the Young People's Committee was dissolved. The Region 2 Assembly Report will be available in full on the R2 website.

– Keren added that the Bylaws Committee became the Bylaws and Reference Committee, and that the Diversity Community (of which she is a member) works as a “leadership team,” rather than with a Chair, Vice-Chair, etc.

– “Looking in the Mirror,” a workshop reviewing the results of a survey done by the R2 Diversity Community, will be on Zoom on November 18, 1-4 pm. Register on our website, [oasandiego.org](http://oasandiego.org).

### **NEW BUSINESS**

Webmaster Ellen L. was unable to be at today's meeting, but sent in the following items: (1) Meetings that are recording speakers for our podcast should be sure to have their speakers fill out a release for on our website, [oasandiego.org/release](http://oasandiego.org/release) (Lois said that she had trouble accessing the Release form and asked if there could be a direct link to the form on the home page of our website. Jeff said he will address this with Ellen and get it fixed); (2) Security continues to be an issue in some Zoom meetings, but our hosts are using the tools and working hard to keep our meetings safe; sign up for Zoom training at [oasandiego.org/zoom](http://oasandiego.org/zoom) (Gerri Beth recounted a meeting where a bomber kept logging in and disrupting the meeting; then the meeting members prayed “The Bombers Prayer,” and it helped keep the meeting going. She said she will try to find the words to the prayer in case we want to add it to our security measures).

### **OPEN FORUM**

– Naomi asked about putting phone numbers on announcement flyers so that people who don't have internet access can inquire about and register for events by telephone; also, such flyers should be emailed to each meeting so that they can be printed and hard copies can be distributed to people without internet access. Jeff said that he will take this as an Action Item.

– Claudia asked whether we will have another OAsis in the future? Keren pointed out that currently we only have 9 in person meetings and, while that's up from the 2 we had when we closed the OAsis, it won't support a meeting space. This may very well happen in the future, and the Intergroup can revisit it.

The meeting was adjourned with the Serenity Prayer at 2:55 pm.

– The next Intergroup Meeting is on Saturday, December 2, 2023 at 2 pm on Zoom.

Minutes submitted by Gina E., Secretary