

## OA SAN DIEGO INTERGROUP MEETING MINUTES – DECEMBER 2, 2023

Highlights to Read at Meetings – Intergroup Reps please read the below highlights at your meetings. The full minutes are on our website <https://oasandiego.org>.

- There will be a Zoom marathon on Monday, December 25 (8 am through 9 pm). The theme is “Celebrate the Season with Recovery.” Speakers and co-hosts are needed. If interested, complete the sign-up form at [oasandiego.org/celebrate-the-season-with-recovery](https://oasandiego.org/celebrate-the-season-with-recovery), or email Kathy directly.
- Kendra was elected as the new Board Chair. No one volunteered to serve as Secretary, so that position will be vacant. Anyone interested in filling that position should email the Board ([board@oasandiego.org](mailto:board@oasandiego.org)). The outgoing Secretary can mentor you and be a backup when needed.
- To encourage 7<sup>th</sup> Tradition donations, some meetings have added a one-minute break, with a link to the donation page, to virtually pass the basket. Also, members can set up automatic PayPal payments, or send personal checks to OA Treasurer at P.O. Box 22213, San Diego, CA 92192. If you list your zoom meetings on your check, those meetings will be credited with your donation.
- The next Serenity Retreat will be at Mission San Luis Rey on May 17-19, 2024. Registration will open soon. The Retreat will be in person, and there will also be a hybrid option on Zoom.
- A workshop about Service -- “Beyond the 12<sup>th</sup> Step” -- will be on Sunday, December 10, 1-3 pm PT on Zoom. Information and links are on our website home page.
- There will be two Zoom training sessions in December (for hosts and for Security), and more in January. Sign up on [oasandiego.org](https://oasandiego.org).
- Please send the names and email addresses of the current trusted servants at your meetings to Jeff ([Info@oasandiego.org](mailto:Info@oasandiego.org)), especially in light of the upcoming rotation of service.
- The full minutes are on our website – [oasandiego.org](https://oasandiego.org).

## FULL MINUTES

- Kathy H. opened the meeting at 2 pm with the Serenity Prayer.
- Kathy discussed Step Twelve (spiritual principle – Service)

Board Members present (and their positions): Kathy H., Chair; Keren S. (Vice-Chair); Gina E. (Secretary); Jeff N. (Internal Info Chair); Jane Z. (PI/PO Chair); Elyesse U. (12<sup>th</sup> Step Within Chair); and Lou B. (Retreat Chair). Kendra W. and Maureen were excused.

Intergroup Reps (and meetings they represent) – Debbie L. (Mon. 12:30 In-Person); Christina (Mon. 4 pm Meditation); Bridget (Tues. 6:30); Melinda H. (Tues. 7 pm); Corrine W (Thurs.11 am El Cajon); Tamara (Thurs. noon); Dixie B. (Thurs. noon In-Person); Deena B. (Thurs. 7 pm); Erin (Thurs. 7 pm Vista); Barb N. (Sat. 9:30 am Encinitas); Kat (Sat. 10:30 am Step Study); Claudia (Sat. 6:30 pm 100-pounder); Ann-Marie (Maintainers); Dawn D. (Sun. 9 am); Barbara S. (Sun. am); Ginger G. (meeting?).

Webmaster Ellen L. and visitors Charles and Pam V. were also present.

## **REPORTS**

Kathy H. – Adoption of the minutes of the November IG meeting, APPROVED

- The Board is planning a Zoom marathon for Monday, December 25 (first meeting starting at 8 am, last meeting ending at 9 pm, including already existing meetings at 9 am, and 4 and 7 pm). The theme is “Celebrate the Season with Recovery.” Speakers and co-hosts are needed. Those interested, please email Kathy at [kathybhirsch@gmail.com](mailto:kathybhirsch@gmail.com). Also, there is a sign-up form on our website - [oasandiego.org/celebrate-the-season-with-recovery](https://oasandiego.org/celebrate-the-season-with-recovery).

Vice-Chair, Keren S. – Keren read Kendra's “Statement of Intent” to run for Board Chair, and then conducted the Election to fill the positions of Chair and Secretary. Kendra was the only candidate for Chair and was elected Board Chair, with 22 Yes votes. Her term starts in Jan. 2024. No one stepped up to take the Secretary position, which now will be vacant. Anyone interested in doing service at the Board level should email the Board ([board@oasandiego.org](mailto:board@oasandiego.org)). Outgoing Secretary Gina E. can mentor you and be a backup when needed. If there are no volunteers, the Board will decide in January how to cover the Secretary position.

- There were many thanks to Kathy for her 6 years of service on the Board, 2 years as YP Chair and 4 years as Board Chair.

Treasurer – In Maureen's absence, Lou B. gave the Treasurer's report for October: Total Income \$2,793.00; Total Expenditures \$1,714.91; Received \$1,078.09 more than paid out. BUDGET vs ACTUAL: Net results through October 2023 were \$5,753.82 better than predicted. Donations and Retreat Remittances were higher than budgeted, expenses were lower. The following October 2023 reports were emailed to Board members: Bank Reconciliation; Balance Sheet; Profit & Loss; P&L Comparison to 2022; General Ledger; Budget vs Actual results.

Twelfth Step Within, Elyesse U. – A workshop about Service -- “Beyond the 12<sup>th</sup> Step” -- will be on Sunday, December 10, 1-3 pm PT on Zoom. Information and links are on our website home page. Tell your sponsees (and sponsors) to attend!

Retreat Chair, Lou B. – The next Serenity Retreat will be at Mission San Luis Rey on May 17-19, 2024. Registration is not yet open but will open soon. The Retreat will be in person and there will also be a hybrid option on Zoom.

Internal Info Chair, Jeff N. – Please send the names and email addresses of the current trusted servants at your meetings to Jeff ([Info@oasandiego.org](mailto:Info@oasandiego.org)), especially in light of the upcoming rotation of service.

PI/PO Chair, Jane Z. – No report

Webmaster, Ellen L. – There will be two Zoom training sessions in December (for hosts and for Security), and more in January. Sign up for our mailing lists on [oasandiego.org](http://oasandiego.org).

– It appears that 7<sup>th</sup> Tradition donations have dwindled from the Zoom meetings, maybe because there is no physical basket to pass. Therefore, some meetings have added a one-minute break, with a link to the donation page, to virtually pass the basket. Ellen will ask Maureen to talk to Robin (our accountant) about enabling meetings to link directly to Venmo. Also, members can set up automatic PayPal payments, or send personal checks to OA Treasurer at P.O. Box 22213, San Diego, CA 92192. If you list your zoom meetings on your check, your meetings will be credited with your donation.

### **NEW BUSINESS**

– The Sunday 6:15 OA Step Study meeting needs support. It's a literature/writing meeting.

– The Thursday 7 pm zoom meeting is changing its format to be a speaker/sharing meeting on alternate weeks and, on the other weeks, a literature/sharing meeting or sharing on a suggested topic.

### **OPEN FORUM**

There was a group discussion on the question: “When you were a new IG Rep, what do you wish you knew?” The following comments were made:

- Where are the links to access the monthly IG meeting?
- That I'd need to rename myself as an IG Rep so I could practice doing it right
- That there would be a brief share on a Step or Tradition at the start of each meeting
- How to share the meeting Highlights at my meeting, keeping it short and sweet
- How to get my name on the email list to receive IG meeting notices and minutes
- IG Reps can do more than just read the IG meeting Highlights, e.g., they can ask their group to suggest topics for the next IG meeting, maybe bring up the IG meeting news more than once a month, look at the full IG minutes on our website ([oasandiego.org](http://oasandiego.org))...

**IG Reps should consider mentoring newly elected IG reps and, if no one volunteers to be the IG Rep for your meeting, consider giving service for another term!**

The meeting was adjourned with the Serenity Prayer at 3:00 pm.

– The next Intergroup Meeting is on Saturday, January 6, 2023 at 2 pm on Zoom.

– Minutes submitted by Gina E., Secretary