

OA SAN DIEGO INTERGROUP MEETING MINUTES – JULY 6, 2024

Highlights to Read at Meetings – Intergroup Reps please read the below highlights at your meetings. The full minutes are on our website <https://oasandiego.org>.

ZOOM & IN-PERSON PROGRAMS:

- **Body Image Workshop (ZOOM): Sunday, August 11, 2024, 1-3pm PT. All welcome. No registration required; 7th Tradition observed. Create a new body image via 12 Steps. Downloadable flyer on website.**
- **Urban Retreat (IN-PERSON): October 18-19, 2024, Bahai Center (Linda Vista). Contact: Lessie C. 619 739 1643. Retreat details to be posted on Website soon.**

Serenity Retreat 2025: July 25 – 27, 2025. Mission San Luis Rey. Eventbrite Registration: TBA

- Serenity Retreat 2026: April 24 – 26, 2026. Mission San Luis Rey. Eventbrite Registration: TBA

SERVICE OPPORTUNITIES:

- **Committee 1: October 2024 Urban Retreat Tech Support Committee (*One Event*): Members assist with the technical end of live-streaming the upcoming Urban Retreat event on October 18-19. Trusted Servants needed to join Lessie C., Lead Trusted Servant, Sydney H. (technical guide), Dave B, Lou B, Jeff N. and Lois M. Contact: Lessie C. 619 739 1643.**
- **Committee 2: Technical Infrastructure Support Committee (Long Term) is to develop the long-term technical support plan for OA San Diego (including guidance for on-going ZOOM training). This permanent Technical Infrastructure committee, initially led by Jeff N., with Sydney Hirsch as technical guide, will coordinate the first planning ZOOM with other volunteer Trusted Servants prior to the August 3, 2024, IG meeting. Contact: Jeff N. info@oasandiego.org**
- **August 11, 2024, Body Image Workshop: Trusted Servants needed for technical support. Contact: Elyesse U. at workshops@oasandiego.org**
- **WSO, Region 2 Rep: Elected position, 2-year term, multiple levels of prior service experience required. Further details *and* specific dates for early May 2025 Virtual meeting forthcoming.**

Internal Information Chair Report: 43 registered meetings (primarily weekly meetings), up from 39 in early 2024. Some meetings in jeopardy of closing due to lack of Trusted Servants and attendees. Per 7th Tradition, additional volunteers/Trusted Servants are needed to conduct meetings.

Webmaster Assessment: Jeff N. to initially lead a permanent committee, with Sydney Hirsch, Technical Guide. Jeff N. will coordinate the first planning ZOOM with other volunteer Trusted Servants prior to the August 3, 2024, IG meeting.

Treasurer's Report: Checking: \$16,505.77. Savings: \$50,888.98 (includes prudent reserves of \$30,000). CD: \$10,707.

WSO 2023 Financial Report: WSO 2023 Total: Approximately \$983,000 (includes Region 2 contribution), with about half (approximately \$453,000) from Virtual Region.

P&P and Bylaws: Proposed P&P changes approved, as amended; Proposed Bylaws approved. Posting to website soon.

Tokens: Virtual and In-Person, Contact: Susan H. susanharadon@gmail.com

7th Tradition/Ways to Donate: Besides Paypal, checks can be mailed to Overeaters Anonymous, PO Box 22213, San Diego, CA 92192. Website: Click on 7th Tradition icon, upper right corner.

The full minutes will be available on our website on/before Wednesday, July 24th – oasandiego.org.